

Patient information

Advice after your Computerised Tomography (CT) Colonography

Imaging Department

Following the Examination:

Although the carbon dioxide gas used to inflate your bowel is absorbed quite quickly following the test, you will probably have some griping “windy” pain for the rest of the day. The following things may help to ease any remaining discomfort:

- Warm drinks and peppermint.
- Gentle exercise i.e. walking may ease the gripes.
- Pain relief medication may be taken if you wish.

If you start to experience any of the following symptoms over the next 4 days:

1. Severe abdominal pain
2. Increasingly painful abdominal discomfort
3. Sweating and nausea
4. Feeling generally unwell

Then please seek urgent medical advice from your GP or local A&E department.

Eating and Drinking:

- Start to eat normally again – with extra fibre (fruit and vegetables) over the next couple of days. You should have a “normal” bowel motion within a couple of days. If you normally take laxatives, start them again. If you have any problems, please contact your family doctor (GP).
- If you are allowed unlimited drinks:
- We recommend that you continue to drink plenty of fluids for 2 days to help rehydrate you following the bowel preparation – aim for 2 litres in 24hours.

If you have been given X-ray Dye (Contrast):

- You were given an injection of x-ray dye (contrast agent) as part of your procedure. We advise you stay in the department for 30 minutes after your test. This is because some people may experience side effects, such as, itching of the skin, rashes, wheeziness or nausea. Such side effects are rare. If you become unwell at home then please attend your nearest Accident and Emergency or contact the CT department on:
 - 0151 529 3312 (Aintree Hospital)
 - 0151 706 2751 (Royal Hospital)

If you have been given Buscopan:

- Blurred vision is a common side effect of the Buscopan injection and usually wears off within 30 minutes. Do not drive until this has worn off.

Other eye problems such as pain and redness are rare. If they do occur, please contact either St Paul's Primary Care Department Eye Hospital at the Royal Liverpool Hospital or Accident and Emergency at Aintree Hospital **urgently** for advice:

Tell them you have had a CT Colonography test and an injection of "Buscopan".

- **Tel: 0151 706 3949 (St. Paul's Primary Care Department Eye Hospital)**
Textphone Number: 18001 0151 706 3949

Or

- **Tel: 0151 529 5200 (Accident and Emergency, Aintree Hospital)**

Results

Your results are sent to the doctor or department who asked for the CT Colonography test. This is usually someone within the hospital.

If your GP sent you for the test please make an appointment with them for no sooner than one week after your test.

If you are a patient in the care of one of our departments then you should receive a clinic appointment letter for your results or have been provided with appropriate contact numbers to enquire about your appointments. If you don't please contact the hospital who sent you for the test:

- **Royal and Broadgreen Hospitals Out-patient Appointment Number:**
Tel: 0151 706 5555
Textphone Number: 18001 0151 706 5555
- **Aintree Hospital Switchboard:**
Tel: 0151 525 5980

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further information

If you have any other queries about the test then please contact our imaging appointments department:

- **Aintree X-ray Appointments: 0151 529 8988**
- **Royal X-ray Appointments: 0151 706 2759**

Author: Imaging Department

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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