

Patient information

Advice After Your Computerised Tomography (CT) Colonoscopy

Imaging Department

Advice after your Computerised Tomography (CT) Colonography

- If you are allowed unlimited drinks, an extra cup of water every hour for six hours should be drunk as well as your normal fluid intake. This is to help rehydrate you after the X-ray dye injection.
- Start to eat normally again – with extra fibre (fruit and vegetables) over the next couple of days. You should have a “normal” bowel motion within a couple of days. If you normally take laxatives, start them again. If you have any problems, please contact your family doctor (GP).
- You will probably have some griping “windy” pain for the rest of the day. As you pass the wind, this will ease. Things like warm drinks and peppermint may help, also gentle exercise i.e. walking may ease the gripes.
- Blurred vision is a common side effect of the Buscopan injection and usually wears off within 30 minutes.

Other eye problems such as pain and redness are rare. If they do occur, please contact St Paul's Primary Care Department Eye Hospital here at the Royal Liverpool Hospital **urgently** for advice.

Tell them you have had a CT Colonography test and an injection of “Buscopan”.
Tel: 0151 706 3949.

Your results are sent to the doctor who asked for the CT Colonography test.

If your GP sent you for the test please make an appointment with them for no sooner than one week after your test.

If a doctor from the hospital sent you for the test you should receive a clinic appointment letter for your results. If you don't please contact the hospital out-patient appointment number.

The hospital out-patient appointment number is Tel: 0151 706 5555

Feedback

Your feedback is important to us and helps us influence care in the future

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further Information

If you have any further questions, or require further information about this test, please contact.

**Royal Liverpool Hospital
The X-Ray Appointments Office
Tel: 0151 706 2759**

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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زانباریی پیومندیدار بهو نهخوشانهی له‌لایمن تراستهوه په‌سهند کراون، نه‌گسر داوا بکریت له فورماته‌کانی تردا بریتی له زمانه‌کانی تر، نیزی رید (هاسان خویندنه‌وه)، چاپی گه‌وره، شریتی ده‌نگ، هیلی موون و ئه‌لیکترونیکی هیه.

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