

Patient information

Advice Before Your Foot Surgery

Trauma and Orthopaedics

Your surgeon has listed you for foot or ankle surgery

It is important that you inform us of any changes that may prevent your surgery from taking place, well before your admission date. In most cases, it may be possible to arrange to swap your date with another patient, to move your date back, if it is necessary.

If any of the below happen, please let us know as soon as possible (even if it's the day before you are due to come into hospital):

- You have started any new medication, which we are unaware of.
- You have developed a cold, sore throat, chest infection or flu like symptoms.
- You have any cuts, grazes, ulcers or blisters to anywhere on your leg, ankle, foot or toes.
- You have athlete's foot, any other fungal infection or ingrown toenails.
- You have had any recent illness or other recent surgery.
- You have had any other infections.

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated

Further Information

You are unsure or have queries relating to the surgery If you need to discuss anything please contact the specialist nurse, as listed below or alternatively, the Foot and Ankle Unit secretaries, as follows:

Tel: 0151 282 5579 / 0151 282 6813 / 0151 282 6746

Textphone Number: 18001 0151 282 6746 or 6813

For Further information or to discuss any queries:

**Foot And Ankle Nurse Specialists
Sharon Moore and Gaby Jones**

**Tel: 0151 282 6471 or mobile number 07785703726 Mon-Fri 8am - 4pm
Foot and Ankle secretaries Tel: 0151 282 6746/ 6813/ 5579 Mon-Fri 8am-4pm**

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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در صورت تمایل می‌توانید کلیه اطلاعات تصویب شده توسط اتحادیه در رابطه با بیماران را به اشکال مختلف در دسترس داشته باشید، از جمله به زبانهای دیگر، به زبان ساده، چاپ درشت، صوت، خط مخصوص کوران، مون و بصورت روی خطی موجود است.

زانیاری پئوهندیدار بهو نهخوشانهی له لایمن تراستهوه پهسهند کراون، نهگمر داوا بکریت له فورماتهکانی تردا بریتی له زمانهکانی تر، نیزی رید (هاسان خویندنهوه)، چاپی گهوره، شریتی دهنگ، هیلی موون و ئهلیکترونیکی ههیه.

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Dhammaan warbixinta bukaanleyda ee Ururka ee la oggol yahay waxaa marka la codsado lagu heli karaa nuskhado kale, sida luqado kale, akhris fudud, far waaweyn, dhegeysi, farta braille ee dadka indhaha la', Moon iyo nidaam eletaroonig ah.