

Aintree at Home Team

Therapies CBU

Aintree Site

Lower Lane, L9 7AL Tel: 0151-525-5980

Royal Site

Prescot Street, L7 8XP

Broadgreen Site

Thomas Drive, L14 3LB

Royal & Broadgreen Tel: 0151-706-2000

Who are Aintree at Home?

The aim of the Aintree at Home service is to facilitate safe and efficient discharges and help prevention of readmission back into hospital setting.

It is offered to patients who:

- Are medically well enough to be discharged from hospital and return home.
- Require some on-going support in the first few days after discharge to be safe at home.

The team consists of:

- Occupational Therapists
- Physiotherapists
- Registered Nurses
- Assistant practitioners
- Generic Therapy Assistants

What services do they provide?

Aintree at Home provide a wide range of services dependent on your needs. These include:

- **Follow-up visits** to review your safety at home, once you have been discharged. This may include assessing your safety mobilising within your environment and transferring on/off your toilet, chair and bed.

- Equipment Provision if identified as essential for your function and safety.
- **Home Falls Assessments** providing you with advice to reduce your risk of falls.
- **Ongoing rehabilitation** to help build your confidence and increase your independence completing every day activities such as washing and dressing, or preparing food and drinks. This will be a short term service (for approximately 3 visits), however if you need further rehabilitation, we can refer onto community therapy teams for more long term needs.
- **Support of your care package** to attend to your personal hygiene and dietary needs as deemed appropriately. Aintree at home will provide care until your care agency can start. Unfortunately we are unable to assist with back to bed time calls.
- **Complete onward referrals** to other agencies to improve your safety at home. For example, we can refer for a lifeline; grab rail, additional stair rail, key safe and sensors.

The Aintree at Home team will communicate with all relevant community teams to ensure the continuity of your care.

When and how long will I have support from the Aintree at Home Team?

We aim to complete our first visit within 48 hours of your discharge.

We can provide you with support at home for up to 3-5 days, depending on your individual needs.

Pets

Please can you arrange for any animals to be in a secure area away from where you and the Aintree at home staff will be during the time of the Aintree at Home visit.

Returning equipment

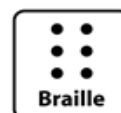
If you were provided with equipment during your involvement in Aintree hospital/ Aintree at home team and currently feel it is not required.

Please contact the equipment stores appropriate to the area of your address stated below. They will be able to collect the equipment on an allocated day from your property.

Liverpool equipment stores: 0151 295 9800

Sefton equipment stores: 0151 288 6208

Knowsley equipment stores: 0151 244 4380



If you require a special edition of this leaflet

This leaflet is available in large print, Braille, on audio tape or disk and in other languages on request. Please contact:

Tel No: 0151 529 2906

Email: interpretationandtranslation@liverpoolft.nhs.uk