

Aintree University Hospital Major Trauma Centre. Patient and family information leaflet



Major Trauma Centre

Aintree Site

Lower Lane, L9 7AL Tel: 0151-525-5980

Royal Site

Prescot Street, L7 8XP

Broadgreen Site

Thomas Drive, L14 3LB

Royal & Broadgreen Tel: 0151-706-2000

Aintree University Hospital and The Walton Centre is part of a network of 22 new centers across England specialising in treating patients who suffer from major trauma.

Cheshire and Mersey Major Trauma Network is comprised of a Major Trauma Centre and Trauma Units.

Aintree and Walton site comprises the Major Trauma Centre.

Trauma Units in the Network comprise of:

- Countess of Chester Hospital NHS Foundation Trust
- Nobles Hospital Isle of Man
- Royal Liverpool and Broadgreen Hospital NHS Trust
- St Helens & Knowsley Teaching Hospitals (NHS) Trust
- Southport and Ormskirk NHS Trust
- Warrington and Halton NHS Foundation Trust
- Wirral University Teaching Hospital NHS Foundation Trust

How the Network works

The new trauma system means specially trained paramedics will take seriously injured patients directly to a specialist center, where they will be assessed immediately and treated by an experienced trauma team. The trauma team is led by an Emergency Department Consultant 24 hours a day.

There will be times when patients will be taken to or self-present at their local Trauma Unit, and after assessment by the team at the trauma unit will refer and transfer the patient to the Major Trauma Centre for specialist care.

What is a Major Trauma Centre?

Specialist trauma centers will provide round-the-clock lifesaving treatment for seriously injured patients such as those who have head injuries, stab wounds or have been involved in a car accident.

In patient stay

The majority of are major trauma patients will be admitted to Major Trauma Ward for all or part of their inpatient stay. There will be times when our patients will need to spend time on the critical care unit due to the complex needs.

You will be reviewed daily as part of the Major Trauma Ward Round which is Consultant led 7 days a week, and is attended by multiple professions.

Whilst you/ your relative is a patient at the Major Trauma Centre you will have a named Trauma Consultant who will oversee your care. You may be seen by multiple consultants from different specialties depending on your injuries.

Major Trauma Ward

The ward is a unique ward designed to deliver multi-disciplinary care to patients with complex physical and cognitive issues.

The ward has a team of specialised nurses who are there 24/7 to deliver care to you/your relative.

Visiting times: 13:30hrs to 19:30hrs. Visiting times are flexible as we appreciate we cover a large area and your relatives and friends will need to travel further to visit you. Please note there may be times when visitors will be asked to step out to allow staff to tend to the need of the patients.

Due to the complex needs of the patients we would ask if visitors could refrain from more than 2 at a time per bed side.

Ward Nurse Manager is available Monday to Friday for patients and relatives if they require any further information.

Ward Nurse Manager: Vanessa Lownsbrough
0151 529 8278

Critical Care Unit

The critical care unit provides highly specialist care for patients who require organ support e.g. breathing machines, and or close monitoring.

During you/your relatives stay in the Critical Care Unit you will have a Named Consultant who specialises in Critical Care. The Major Trauma Team will also review you daily on the unit.

Major Trauma Nurse Co-ordinator Service

This service is provided by a highly specialised team of senior nurses. They will be involved in your care from the Emergency Department until discharge/transfer. The team will ensure that you/relative are kept up to date and involved with their care planning.

The team is available 07:30am to 2am 7 days per week.

Appointments can be made to discuss your needs.

Contact number 0151 529 2551 (24 hrs. answering machine service)

Pain Team

We know that patients involved in Major Trauma have complexed pain needs, and it has been proven that if we manage patient's pain better in the early stages that it leads to a better long term outcome for pain management. The major trauma center offers a 7-day pain team service that comprises of specialist nurses and doctors. They will meet you/relative and discuss your pain management plan whilst an inpatient and after discharge.

Rehabilitation service

You will meet the therapy team within the first 48 hours of your stay who will discuss with you your rehabilitation needs.

This service is unique to major trauma and the majority of the therapy team provides a 7-day service offering hyper acute rehabilitation. The team has their own therapy bay on the ward to allow for early rehabilitation.

If the team feels you require further specialist rehab you will be referred into the Mersey and Cheshire Rehabilitation Network. A specialist rehabilitation coordinator will visit you to access and discuss your needs.

Psychology Services

The major trauma service offers an inpatient psychology service. The team will discuss with you/relative about this service if they feel or you feel that it would be beneficial to be referred to the service

Transfer

Once the acute stage of your admission is over and you no longer need the specialist skills of the Major Trauma Centre, we will make arrangements for you to be transferred to your local district general hospital. This transfer will potentially be completed within 48 hours of referral.

This move allows you to complete your treatment and plan your continuing rehabilitation and discharge home.

This transfer is essential to allow us to continue to offer these specialist services to those in need; we appreciate your co-operation in this matter.

Getting to Aintree

Fazakerley train station is located by the old site entrance. There is a shuttle bus service that runs in the trust from the old site car parks to the main hospital.

Bus stops are located around the trust.

By car: L9 7AL is the post code for the trust.

Motorway: M57 M58. Eastlancs road A580.

Car Parking

The Multi-Storey Car Park (MSCP), at the Aintree Lodge entrance to the hospital, offers 1,250 spaces and significant numbers of Blue Badge spaces. Blue Badge parking is on the ground floors.

The MSCP is linked to the Elective Care Centre, the main hospital and the Walton Centre by link corridor bridges on its second floor.

There is a major barrier controlled car park off Lower Lane.

There are large numbers of car parking spaces on the 'old site', accessed from Longmoor Lane. These areas require pay and display tickets.

Parking Charges

The trust barrier carparks are number plate recognition. You will be asked to input your car number plate when paying for your car park fee. Charges apply to all vehicles including motorbikes:

- Up to 30 minutes – free, to enable drop offs and collection
- 30 minutes to 1 ½ hours - £3.00
- 1 ½ hours to 2 ½ hours - £4.00
- 2 ½ hours to 3 ½ hours - £4.50
- Over 3 ½ hours - £5.50

Payment machines for barriered car parks including the Multi Storey can be found at each entrance to the multi storey car park, and on the link corridor to the hospital. A machine is also located in Main Reception and also the exit to Car park 1.

All of these Machines have the ability to accept notes (not £20 notes) and give change. In addition all but the machine located on the link corridor will accept debit cards.

The pay and display car parks on the old site have a number of pay and display ticket machines conveniently located. Please note these machines do not issue change and take coins only and accept 5p, 10p, 20p, 50p and £1 coins.

Relatives and visitors can obtain a "saver ticket" for unlimited parking at a cost of £17.50 per week. This can be purchased from all payment machine, please follow the instructions on the signage next to the machines.

Accommodation

Aintree can offer emergency accommodation for relatives.

Locals resident's family are allowed 1-night free accommodation.

Non local's resident's family are allowed 2 nights' free accommodation.

Please discuss further with the team.

Local Hotels:

Premier Inn Aintree

1 Ormskirk Rd, Liverpool, Sefton
L9 5AS.
0871 527 8612

Travel Lodge

E Lancashire Rd, Liverpool
L11 9DH.
0871 984 6437

Facilities

On the ward there is a relative's room with tea and coffee making facilities.

There are two cash machines in the hospital located at the main entrance and Aintree lodge.

Aintree has a trolley service for inpatients and a shop in the main foyer of the Tower Block where items such as stationery, cards, toiletries and sweets can be purchased.

Food and Drink

Coffee shop in the main foyer offering Starbucks drinks and selection of hot and cold snacks.

‘Fresh’ food outlet offers healthy food and drinks. Located in the main foyer.

Aintree lodge dining area offers a variety of hot and cold meals

The Bistro located in Aintree Lodge offers a selection of hot and cold food and serves a range of Costa drinks.

Emergency Department Coffee Shop offering Costa drinks and selection of hot and cold snacks. Open 24 hours a day

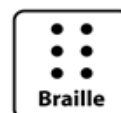
Spiritual and Religious Care

The Hospital Chaplaincy contains a broad representation of Christian denominations and has access to all major faith traditions.

Information regarding the Chaplaincy is posted in every ward and department and Chaplains visit frequently throughout the hospital community.

An interdenominational and interfaith chapel is located on the first floor of the Tower Block which is open for use at all times.

There are arrangements in place for “on call” Chaplains who represent the major Christian traditions to be available at all times (day and night). Access to this resource is via the appropriate ward staff.



If you require a special edition of this leaflet

This leaflet is available in large print, Braille, on audio tape or disk and in other languages on request. Please contact:

Tel No: 0151 529 2906

Email: interpretationandtranslation@liverpoolft.nhs.uk