

Discharge Information following your Bronchoscopy

You have had a Bronchoscopy which is a visual examination of the air passages using a lighted, flexible fibre optic endoscope.

Prior to your admission you should have received and read the Bronchoscopy patient information leaflet.

What happens after the Procedure?

- You will be taken to the recovery room where you can rest quietly.
- You may experience a sore throat which usually passes after a couple of hours but can last for a day.
- After a short time you will be given a drink. Having a light snack as your first food is advisable.
- You can take your normal prescription medicines as soon as you are able to drink safely.

If you have been sedated for this procedure:

- You may feel drowsy.
- The sedation you have been given will remain in your body for several hours.
- You will need to have someone with you for the rest of the day and overnight.
- Your nurse will discharge you into the care of a relative or friend who has come to take you home

- **You should not work, drive a car, operate machinery, drink alcohol or sign legal documents for 24 hours.**

You may have a dressing in place over the injection site in your hand; please leave this in place for 24 hours.

If any redness, tenderness or swelling persists for longer than 48 hours, please contact the Endoscopy Unit or your GP.

What happens when I go home?

While every precaution is taken to prevent any problems, complications can occur and sometimes these may not be evident for several hours.

If, in the next 24 hours, please seek medical attention if you experience any of the following:

- Severe chest pain.
- Severe dizziness or fainting.
- Sweating, severe nausea or high fever.
- Coughing large amounts of blood.
- Difficulty breathing or development a persistent cough.

These symptoms may indicate a complication of the procedure.

If your symptoms cause concern, persist or if the pain is severe you must seek help at your nearest Accident and Emergency Department

How will I find out about the results of my bronchoscopy?

You should have received an appointment from your Consultant to be seen in the clinic to discuss the results of the procedure.

If this is not the case, please contact your Consultant's secretary.

You should be seen in clinic within 2 weeks.

Further Information:

www.aboutmyhealth.org.uk – for support and information you can trust.

What should I do if I have any concerns about the procedure?

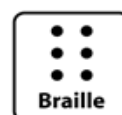
We welcome your feedback and act on it. Therefore, if you have any comments, concerns or queries about your visit to the Endoscopy Unit at Aintree Hospitals NHS Foundation Trust please do not hesitate to speak to the:

- Person in charge of the unit.
- Customer Services Tel: 0151 529 3287

NHS 111

For health advice and reassurance, 24 hours a day, 365 days a year:
Tel: 111 (Text phone: 18001 111)

Note: This document is intended for information purposes only and you should read it either together with, or depending on any advice given by your doctor or relevant health professional



If you require a special edition of this leaflet

This leaflet is available in large print, Braille, on audio tape or disk and in other languages on request. Please contact:

Tel No: 0151 529 2906

Email: interpretationandtranslation@aintree.nhs.uk