

Patient information

Beclometasone Dipropionate 50 microgram inhaler (Clenil Modulite) used topically in the Mouth

Department of Oral Medicine, Liverpool University Dental Hospital

Beclometasone Dipropionate 50microgram inhaler (Clenil Modulite)

What are the aims of this leaflet?

This leaflet has been written to help you understand more about Clenil modulite and how it can be used for oral ulceration.

What Clenil Modulite and why have I been prescribed it?

Clenil Modulite contains a medicine called Beclometasone Dipropionate. This belongs to a group of medicines called corticosteroids ('steroids'). Steroids work by reducing inflammation, swelling and irritation. Clenil Modulite spray used topically on ulcers affecting the lining of the mouth may help reduce inflammation, pain and speed up the healing process.

Although originally designed as an inhaler in the treatment and prevention of asthma, its use now extends to oral use in the treatment of oral mucosal conditions such as mouth ulcers.

What mouth conditions are treated with Clenil Modulite?

Clenil Modulite can be used for the treatment of mouth conditions that cause soreness such as mouth ulcers and oral lichen planus. It is commonly prescribed by many of the oral medicine departments in the UK/Ireland.

However, information about its oral use is not generally included in the information leaflets given to patients when the pharmacist dispenses the medication.

How do I use Clenil Modulite spray?

1. The spray delivers a fixed dose of drug each time you activate it.
2. Apply one to Two sprays to the painful or ulcerated area of the mouth.
3. If there are sore areas or ulcers in both sides of your mouth you may apply spray to both sides.

4. Use the spray after you have brushed your teeth last thing at night and during the day three-four times when ulceration is present.
5. Maximum of eight puffs daily.
6. Always use after mealtimes so that a coating remains in your mouth as long as possible. Allow at least 30 minutes after using the medication before eating and drinking.
7. Your doctor or dentist can prescribe this drug.

What are the potential risks and side effects of Clenil Modulite when used orally?

When used correctly this medicine rarely causes side effects. However, as with all medicines, some patients experience side effects. Burning or stinging is quite common in the first few days of treatment. This usually clears up. Some people occasionally develop thrush in their mouth and find that their mouth becomes sore. If this happens, a course of antifungal treatment will clear the thrush.

For further information about the potential risks and side effects, please read the information leaflet supplied by the manufacturer within the box. Alternatively, please contact the Oral Medicine Department. The department is open Monday to Friday 9.00 am to 5.00 pm.

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further information

Oral Medicine Department

The department is open Monday to Friday

9.00 am to 5.00 pm.

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