



*Better  
Together*

## Patient information

Clinical Gerontology Occupational Therapy

Clinical Gerontology Directorate

## **You will have been referred from either:**

- The Falls Clinic.
- The Movement Disorder Clinic.
- The physiotherapists.
- Your consultant.

## **What does occupational therapy aim to do?**

- Improve your independence with every day activities.
- Improve safety with activities in your own home.
- Provide advice and guidance to patients and relatives/carers.

## **What should you expect from your Occupational Therapy assessment ?**

Your Occupational Therapy assessment may take place in either the outpatient department or in your own home depending on which is more appropriate for you.

## **Your assessment may include:**

- Questions regarding your current and previous functional abilities and social circumstances.
- Assessment of your range of movement and functional ability.
- Home safety assessment.
- Assessment with assistive equipment.

## **Follow up from your Occupational Therapy assessment may involve:**

- Suggestions of practical solutions to problems you have during daily living activities and work.
- Assistance to learn new ways of completing difficult tasks.
- Referral for assistive equipment and/or adaptations.
- Referral on to outside agencies if appropriate such (e.g. Community Occupational Therapy, Community Falls team, Community manual handling service, equipment services and adaptation services, social services).

## **Important**

If you are unable to attend your appointment or keep home visit appointment, please ring as soon as possible:

**Monday-Friday 8:30am - 4:30pm).**

**Tel: 0151 282 6672**

**Text phone number: 1800 10151 282 6672**

If you do not attend and fail to contact us on more than three occasions, you will be discharged in accordance with Trust policy.

We understand that there may be occasions when you cannot attend, please inform us if this is the case.

## **Further Information**

**Therapy Department,**

**Broadgreen Hospital**

**Tel: 0151 282 6672**

**Text phone number: 18001 0151 282 6276**

# **Author: Therapies Directorate**

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

يمكن توفير جميع المعلومات المتعلقة بالمرضى الموافق عليهم من قبل ائتمان المستشفى عند الطلب بصيغ أخرى، بما في ذلك لغات أخرى وبطرق تسهل قراءتها وبالحروف الطباعية الكبيرة وبالصوت وبطريقة برايل للمكفوفين وبطريقة مون والإلكترونية.

所有經信托基金批准的患者資訊均可以其它格式提供，包括其它語言、易讀閱讀軟件、大字

體、音頻、盲文、穆恩體 ( Moon ) 盲文和電子格式，敬請索取。

در صورت تمایل می‌توانید کلیه اطلاعات تصویب شده توسط اتحادیه در رابطه با بیماران را به اشکال مختلف در دسترس داشته باشید، از جمله به زبانهای دیگر، به زبان ساده، چاپ درشت، صوت، خط مخصوص کوران، مون و بصورت روی خطی موجود است.

زانیاری پیوندیدار بهو نمخوشانه‌ی له‌لایمن تراستهوه پسمند کراون، نگه‌داوا بکرنیت له فورمات‌هکانی تردا بریتی له زمانه‌کانی تر، نیزی رید (هاسان خوینندنهوه)، چاپی گه‌وره، شریتی دمنگ، هیلی موون و ئه‌لیکترۆنیک‌ی هیه.

所有经信托基金批准的患者信息均可以其它格式提供，包括其它语言、易读阅读软件、大字  
体、音频、盲文、穆恩体 (Moon) 盲文和电子格式，敬请索取。

Dhammaan warbixinta bukaanleyda ee Ururka ee la oggol yahay waxaa marka la codsado lagu heli karaa nuskhado kale, sida luqado kale, akhris fudud, far waaweyn, dhegeysi, farta braille ee dadka indhaha la', Moon iyo nidaam eletaroonig ah.