

Patient information

Colon Transit Study – Appointment Details

Imaging Department

It is very important for the success of the examination that you follow the instructions carefully.

- At 12:00 midday on the Sunday before your appointment, swallow whole both capsules provided.
- **Do not** take any laxatives during the following week. If you fail to stop taking laxatives then we will not be able to perform the study.

Your hospital doctor or family doctor (GP) has advised that you need a colon transit study. You may wish to discuss alternative treatments or procedures. Please ask a doctor or nurse if alternative treatments or procedures are available.

What is a colon transit study?

A colon transit study is an X-ray examination of your abdomen. This will give the doctors information on the passage of food through the bowel over a period of five days.

What are the benefits of having a colon transit study?

This procedure will help us to make the correct diagnosis so we will be able to give you the correct treatment.

The risks of having a colon transit study include:

- Patients of a Child-bearing Age: X-rays may be harmful to an unborn child, especially in the early stages of pregnancy. If you are pregnant or there is any possibility of you being pregnant, please contact the X-ray department before your appointment.
- We are all exposed to natural background radiation every day of our lives. Each X-ray examination gives us a small additional dose. This dose varies with each type of examination. Everything is done within the X-ray department to minimise this dose.

If you are worried about any of these risks, please speak to your doctor or a member of their team.

The examination

- The capsules that you take contain very small markers that can be seen on X-ray s. These are completely harmless.

- You should eat and drink normally and go the toilet as you would normally do, this will not affect the examination.
- On the day of your appointment a simple abdominal X-ray will be taken. This will show how many markers remain in your bowel.
- The radiographer performing the test will ask you some questions regarding your bowel motions and frequency of bowel opening during the week after taking the capsules to help provide an accurate report.
- Expect to be in the department for at least 30 minutes.

After the examination

- Continue to eat and drink normally there should be no after affects from the capsules. Any left in your bowel will be passed in your motions.
- If you normally take laxatives you can start to take these again.

Results

The results of your X-ray examination will be sent to the doctor who requested the examination.

Cancellations

If you are unable to keep this appointment, please let us know as soon as possible and we will arrange another for you. If you fail to cancel and do not attend you will not be sent another appointment.

Transport

If your medical condition or mobility needs mean that you cannot get to the appointment any other way and you require transport you should ring the Patient Transport Services (PTS) who will arrange one for you.

Tel: 0151 706 4676

Car parking

Car parking for visitors and patients is available at the Q-Park multi-storey car park located on Prescott Street, L6 1LY.

For those with walking difficulties, there is a shuttle bus service operating between Q-Park and The Royal Liverpool University Hospital. The bus operates Monday to Friday, 6am-8pm. If you find you are waiting a while for the bus, the driver's number is displayed on the Q-Park exit.

Parking for Blue Badge holders is free at the Mount Vernon Street entrance. However, parking is limited, and you are advised to allow sufficient time for parking as you may need to redirect to the nearby Q-Park.

Please bring this leaflet with you when you attend the X-ray department.

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further information

If you have any further questions, or require further information, please contact the Radiology Appointments Office:

Tel: 0151 706 2759

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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در صورت تمایل می‌توانید کلیه اطلاعات تصویب شده توسط اتحادیه در رابطه با بیماران را به اشکال مختلف در دسترس داشته باشید، از جمله به زبانهای دیگر، به زبان ساده، چاپ درشت، صوت، خط مخصوص کوران، مون و بصورت روی خطی موجود است.

زانیاری پیوندیدار به نه‌خوشانه‌ی له‌لایین تراسته‌وه پسمند کراون، نه‌گسر داوا بکریت له فورماته‌کانی تردا بریتی له زمانه‌کانی تر، نیزی رید (هاسان خویندنه‌وه)، چاپی گهوره، شریتی دهنگ، هیلی موون و ئه‌لیکترونیکی هیه.

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Dhammaan warbixinta bukaanleyda ee Ururka ee la oggol yahay waxaa marka la codsado lagu heli karaa nuskhado kale, sida luqado kale, akhris fudud, far waaweyn, dhegeysi, farta braille ee dadka indhaha la', Moon iyo nidaam eletaroonig ah.