

Patient information

Colon Transit Study - Appointment Details

Imaging Department

It is very important for the success of the examination that you follow the instructions carefully.

- At 12:00 midday on the Sunday before your appointment, swallow whole both capsules provided.
- **Do not** take any laxatives during the following week.

Your hospital doctor or family doctor (GP) has advised that you need a colon transit study. You may wish to discuss alternative treatments or procedures. Please ask a doctor or nurse if alternative treatments or procedures are available.

What is a colon transit study?

A colon transit study is an X-ray examination of your abdomen. This will give the doctors information on the passage of food through the bowel over a period of five days.

What are the benefits of having a colon transit study?

This procedure will help us to make the correct diagnosis so we will be able to give you the correct treatment.

The risks of having a colon transit study include:

- Female patients. X-rays may be harmful to an unborn child, especially in the early stages of pregnancy. If you are pregnant or there is any possibility of you being pregnant, please contact the X-ray department before your appointment.
- We are all exposed to natural background radiation every day of our lives. Each X-ray examination gives us a small additional dose. This dose varies with each type of examination. Everything is done within the X-ray department to minimise this dose.

If you are worried about any of these risks, please speak to your doctor or a member of their team.

The examination

- The capsules that you take contain very small markers that can be seen on X-rays. These are completely harmless.
- You should eat and drink normally and go the toilet as you would normally do, this will not affect the examination.

- On the day of your appointment a simple abdominal X-ray will be taken. This will show how many markers remain in your bowel.
- Expect to be in the department for at least 30 minutes.

After the examination

- Continue to eat and drink normally there should be no after effects from the capsules. Any left in your bowel will be passed in your motions.
- If you normally take laxatives you can start to take these again.

Results

The results of your X-ray examination will be sent to the doctor who requested the examination.

Cancellations

If you are unable to keep this appointment, please let us know as soon as possible and we will arrange another for you.

If you fail to cancel and do not attend you will not be sent another appointment.

Transport

If you have been referred to us from clinic and usually have an ambulance to bring you for your appointment, please contact the Appointments Office as soon as possible.

If you have been referred to us by your GP and require an ambulance please contact your GP surgery.

Car parking

Car parking for visitors and patients is available at the Q-Park multi-storey car park located across the road from the front entrance of the hospital. Vehicle entry to the car park is on Epworth Street which is off Erskine Street. The car park is open 24 hours a day seven days a week and charges apply. The car park is continually monitored by CCTV and parking attendants.

There are disabled spaces within the car park. If you require help with parking ask a parking host at the car park entrance. There is a bus shuttle service for patients with mobility problems which operates Monday to Friday 8.45am to 4.45pm from Q-Park to the Royal Liverpool University Hospital.

Please bring this leaflet with you when you attend the X-ray department.

Feedback

Your feedback is important to us and helps us influence care in the future

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further Information

If you have any further questions, or require further information, please contact the Appointments Office

Tel: 0151 706 2759

Text phone Number: 18001 0151 706 2759

NHS 111

Tel: 111

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

يمكن توفير جميع المعلومات المتعلقة بالمرضى الموافق عليهم من قبل انتمام المستشفى عند الطلب بصيغ أخرى، بما في ذلك لغات أخرى وبطرق تسهل قراءتها وبالحروف الطباعية الكبيرة وبالصوت وبطريقة برايل للمكفوفين وبطريقة مون والإلكترونية.

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體、音頻、盲文、穆恩體 (Moon) 盲文和電子格式，敬請索取。

در صورت تمایل می‌توانید کلیه اطلاعات تصویب شده توسط اتحادیه در رابطه با بیماران را به اشکال مختلف در دسترس داشته باشید، از جمله به زبانهای دیگر، به زبان ساده، چاپ درشت، صوت، خط مخصوص کوران، مون و بصورت روی خطی موجود است.

زانیاری پیوندیدار به نه‌خوشانه‌ی له‌لایمن تراسته‌وه پامهند کراون، نه‌گهر داوا بکرنیت له فورمات‌ه‌کانی تردا بریتی له زمانه‌کانی تر، نیزی رید (هاسان خویندنه‌وه)، چاپی گموره، شریتی دنگ، هیلای موون و نه‌لیکترونیکی هیه.

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Dhammaan warbixinta bukaanleyda ee Ururka ee la oggol yahay waxaa marka la codsado lagu heli karaa nuskhado kale, sida luqado kale, akhris fudud, far waaweyn, dhegeysi, farta braille ee dadka indhaha la', Moon iyo nidaam eletaroonig ah.