

Comfort Rounds

Aintree University Hospital **NHS**

NHS Foundation Trust

Nursing and Quality
Lower Lane
Liverpool L9 7AL
Tel:0151-525-5980

The Trust takes patient safety very seriously and we want to ensure that patients receive the best possible care.'

Comfort rounds help reduce the likelihood of patient safety incidents such as falls as well as assessing and monitoring skin care for pressure ulcer prevention.

What is Intentional Rounding?

Intentional rounding enables staff to see patients at specific intervals to address the needs of each individual in an organised way.

Advice for patients

Approximately every hour a member of staff will introduce themselves and check on you by asking a series of questions. This may include:

- Offering you a drink or mouth care
- Offering bathroom assistance
- Repositioning, Comfort or pain relief
- Placing bed rails up or down – depending on assessment
- To check the call bell is in reach
- You may also be asked if you have any other requirements

A checklist will be completed and left at your bedside

Key Points

Intentional rounding is important to help reduce harm occurring for patients in the Trust.

If you have been identified as being higher risk of falling, staff will set up intentional rounding as part of your care.

Observations will still be taken when you are asleep and recorded on your checklist. Our staff are considerate and these observations should not disturb your sleep.

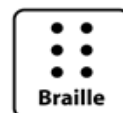
Why we use this approach

Evidence shows that regular patient checks help reduce falls, skin damage, pain, incontinence and dehydration.

This approach will help keep you safer whilst you are in hospital and should help you to get home sooner.

With regular checks you should receive an enhanced level of quality care by increasing contact time with staff.

Rounding could involve any of the team members on the ward.



If you require a special edition of this leaflet

This leaflet is available in large print, Braille, on audio tape or disk and in other languages on request. Please contact:

Tel No: 0151 529 2104

Email: interpretationandtranslation@aintree.nhs.uk