

Patient information

Conns Screening

Diabetes and Endocrinology

Why do I need the test?

This is a screening test when Conn's syndrome is suspected because of your symptoms and other investigations that you had already. Conn's syndrome is a condition caused by too much production of aldosterone hormone by the adrenal glands usually manifesting in hypertension, low potassium and tiredness.

What are the risks/side effects?

It is necessary to change some of your blood pressure medication so that it does not interfere with the test. This may lead to a period where your blood pressure is not controlled and you are at risks associated with uncontrolled blood pressure. It is important to carefully monitor your blood pressure and switch to the alternate medications that least interferes with the test. After this has been discussed with yourself, your endocrine doctor would liaise with your GP regarding the change of medications.

What happens before the test?

Your health professional will advise you on what medications if any you need to stop and for how long prior to the test.

You can eat and drink as normal on the day of the test.

What happens during the test?

- On the morning of your test please ensure you have been up (sitting, standing, or walking) for at least two hours.
- We will take a sample of your blood and you will be discharged.

What will happen after the test?

- Once you have completed the test, the results will be reviewed by endocrine doctors and they will contact you directly if necessary.
- Further investigation and management will be discussed in the endocrine clinic.

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your Outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co- operation is greatly appreciated.

Further Information

If you have any query or do need to speak to doctors please contact on call endocrine doctor via hospital switch board :

Tel: 0151 706 2000

Text phone number: 18001 0151 706 2000

If you have any worries or questions about the test or the date is inconvenient please contact the Medical Day Case Unit

Medical Day Case Unit Tel: 0151 706 2396

Text phone Number: 18001 0151 706 2396 Opening Hours:

07:30 – 20:00 Monday to Thursday

07:30 – 16:00 Friday

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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