

## Patient information

### First Fit - Driving Guidelines

#### Emergency Care – Royal Liverpool Hospital

You have had an episode of loss of consciousness which appears to have been a fit or seizure.

You will soon be receiving an appointment to come to the First Fit Clinic to be seen by the specialists.

DVLA advice is that you do not drive a car or motorbike for at least the next six months ([www.dvla.gov.uk](http://www.dvla.gov.uk)).

The First Fit clinic will be able to give you more individual advice when you have been assessed.

#### **Advice on driving for patients who have a diagnosis of Epilepsy**

**If you have a Group 1 driving licence (for cars or motorcycles) and have a seizure of any kind, the DVLA regulations say that you must stop driving.**

**You are responsible for telling the DVLA and returning your licence to them.** The form FEP1 should be used to notify the DVLA. It is available on the website: [www.dvla.gov.uk](http://www.dvla.gov.uk)

**To reapply for your licence you must be seizure free with or without medication for full year following the last attack.**

**There are specific guidelines for people who only have fits while asleep – see below for where to get further details.**

**There are specific guidelines for people who have a Group 2 licence (for lorries and buses) – see below for where to get further details.**

#### **Feedback**

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

## **Further Information**

**Department of Emergency Medicine  
Royal Liverpool University Hospital  
Tel: 0151 706 2060  
Textphone number: 18001 0151 706 2060**

**Driver and Vehicle Licensing Agency  
[www.dvla.gov.uk](http://www.dvla.gov.uk)**

**Driver Licensing Enquiries  
Telephone: 0300 790 6801  
Monday to Friday, 8am - 7pm (closed for lunch 1pm-2pm)  
Saturday, 8am to 2pm**

## **Driving and medical issues**

**Drivers Medical Enquiries  
Telephone: 0300 790 6806 (car or motorcycle),  
Tel: 0300 790 6807 (bus, coach or lorry)  
Fax: 0845 850 0095  
Fax: 0300 083 0083  
Monday to Friday, 8am to 7pm (closed for lunch 1pm-2pm)  
Saturday, 8am to 2pm**

**Epilepsy Society  
[www.epilepsysociety.org.uk](http://www.epilepsysociety.org.uk)  
Helpline Tel: 01494 601 400**

**Epilepsy Action  
[www.epilepsy.org.uk](http://www.epilepsy.org.uk)  
Free phone telephone helpline: Tel: 0808 800 5050**

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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