

Patient information

Gastrointestinal Capsule Test Post Procedure Advice

Gastroenterology Department

Images from the capsule you swallowed this morning are being transmitted to the square recording box carried in the shoulder bag. The recorder has a blue flashing light at the top which should remain blue and flashing throughout the day. If there are any changes in the colour of the light, or if you have any concerns about the equipment please contact the Gastroenterology Department at The Royal Liverpool Hospital on Tel: 0151 706 2726.

Text Phone Number: 18001 0151 706 2726

Only sip clear fluids from the time you have swallowed the capsule. You may restart your normal diet and fluid intake two hours after swallowing the capsule.

If you take insulin, please take this as instructed by your diabetes nurse.

- If you normally monitor your blood sugar, please check it every two hours.
- If you feel dizzy, sweaty or irritable (signs of low blood glucose) take two to three teaspoons of sugar, or six glucose tablets, or one glass of Lucozade.
- You should feel better almost immediately, if not repeat the above treatment. If symptoms persist, contact your GP or your specialist community diabetes team.

You can remove the recording equipment just before you go to bed. Please keep the equipment in a safe place with **the belt lying flat. Do not bend the belt as it may break.** You can return the recorder and recorder belt to the Endoscopy Unit on the fourth floor of the Royal Liverpool Hospital the following morning (unless you have been given different instructions by the health professional that saw you when you attended the department).

The capsule will pass through your gastrointestinal tract in the next few days. You are unlikely to notice this. In case you do see the capsule, you do not need to retrieve the capsule but simply flush it away. We advise that if you get abdominal (tummy) pain which lasts more than 30 minutes, bloating or vomiting, then use the contact details at the end of this leaflet in the "Further Information" section.

MRI (magnetic resonance imaging) which is a type of scan, must be avoided until you have confirmation that the capsule has passed.

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your Outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further information

Contact the Gastroenterology Unit at the Royal Liverpool Hospital

Monday – Sunday: 8am – 6pm

Telephone: 0151 706 2819 / 2726 / 2656

Text phone number: 18001 0151 706 2819 / 2726 / 2656

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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