

### Patient information

# **Glaucoma Monitoring Clinic**

# St Pauls Eye Department

Your appointment has been arranged in one of our glaucoma monitoring clinics. The information in this letter will explain what the clinic is and what you can expect on the day of your appointment.

Hospital Eye Clinics across the country run glaucoma monitoring clinics (sometimes called virtual clinics), set up under the guidance of the Royal College of Ophthalmologists, in order to meet the increasing demand for appointments. It allows suitable patients, to attend clinics, where all data is gathered by highly trained technicians and then reviewed by your consultant and their team.

These clinics allow more patients to be seen than are possible in a face-to-face setting. It ensures patients get the required tests in a timely manner. This reduces delays in appointment times and reduces the time you spend in the clinic.

When you attend the clinic, all your tests and measurements will be carried out and then you can leave. Your consultant and their team will review and interpret all the results and write to you and your general practitioner (GP) with the results in a timely manner.

## Assessments carried out will include:

- Vision assessment
- Measurement of intraocular pressure
- Visual field assessment
- Optic nerve imaging (OCT scan)

We have attached a questionnaire which we kindly ask you to fill out and bring to your clinic appointment. This is essential in the management of your care and gives you the opportunity to ask any questions you may have.

Please be aware that if you have diabetes, you will still be required to attend your local diabetic retinal screening service for annual retinal screening. You should still attend your optician routine eye tests

### **Feedback**

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

## **Further information**

Glaucoma Nurse Team (9-5pm Mon-Fri)

Tel: 0151 706 5352

Text phone number: 18001 0151 706 5352

**Primary Care (Out of Hours)** 

Tel:0151 706 3949

Text phone number: 18001 0151 706 3949

Glaucoma UK Tel: 01233 648164 www.glaucoma.uk

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

يمكن توفير جميع المعلومات المتعلقة بالمرضى الموافق عليهم من قبل ائتمان المستشفى عند الطلب بصيغ أخرى، بما في ذلك لغات أخرى وبطرق تسهل قراءتها وبالحروف الطباعية الكبيرة وبالصوت وبطريقة برايل للمكفوفين وبطريقة مون والكترونيا.

所有經信托基金批准的患者資訊均可以其它格式提供,包括其它語言、 易讀閱讀軟件、大字

體、音頻、盲文、穆恩體(Moon)盲文和電子格式,敬請索取。

در صورت تمایل میتوانید کلیه اطلاعات تصویب شده توسط اتحادیه در رابطه با بیماران را به اشکال مختلف در دسترس داشته باشید، از جمله به زبانهای دیگر، به زبان ساده، چاپ درشت، صوت، خط مخصوص کوران، مون و بصورت روی خطی موجود است.

زانیاریی پیّوهندیدار بمو نمخوشانهی له لایمن تراستهوه پهسهند کراون، ئهگمر داوا بکریّت له فوّرماته کانی تردا بریتی له زمانه کانی تر دا بریتی له زمانه کانی ترد (هاسان خویّندنه وه)، چاپی گهوره، شریتی دهنگ، هیّلی موون و ئهلیّکتروّنیکی همیه.

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Dhammaan warbixinta bukaanleyda ee Ururka ee la oggol yahay waxaa marka la codsado lagu heli karaa nuskhado kale, sida luqado kale, akhris fudud, far waaweyn, dhegeysi, farta braille ee dadka indhaha la', Moon iyo nidaam eletaroonig ah.