

Patient information

Glaucoma Phasing Clinic

Ophthalmology Department – Aintree Hospital

Who is this leaflet for?

This is for people who have been invited to attend the Phasing Clinic.

What is the Phasing Clinic?

Phasing is measuring the pressure in the eye throughout a whole day

At the phasing clinic you will have your eye pressure measured at two hourly intervals between 9am and 5pm. The measuring of the eye pressure is exactly the same process used by your ophthalmologist or optometrist at your last visit.

You **will** be given eye drops that numb the eye for approximately 30 minutes every time they are administered. The pressure will then be recorded. You will **not** be given any of the dilating drops that blur the vision during this clinic.

What is the difference in this clinic?

The eye pressure is recorded every two hours throughout the whole day by an ophthalmic technician. The pressure check takes a matter of minutes but for the rest of the time you will be waiting so you may want to bring a book.

You are welcome to bring a friend or relative with you. You will not be provided with food and drink. There is a café on the elective care centre site and the main hospital canteen is also nearby. Your vision will not be affected by this clinic and you will still be able to drive after the clinic has finished.

Why am I attending this clinic?

- Your ophthalmologist has booked you into this clinic and will review the recorded pressures.
- Eye pressure varies throughout a day in everybody. Phasing enables your ophthalmologist to make sure that the eye pressure isn't spiking high at certain times of the day.

Please bring any eye drops that you are currently taking (or a list of these) with you on the day of the clinic.

The outcome of this clinic assists towards the possible diagnosis of glaucoma.

Feedback

Your feedback is important to us and helps us influence care in the future. Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further information

Who do I contact if I have any questions or concerns?

Glaucoma Unit:

Mon-Friday 09.00a.m – 5.00p.m

Tel: 0151 529 0203

If you are experiencing any extreme discomfort following your appointment in this clinic contact the number below.

For out of hours contact

0151 529 0186

And ask to be put through to the Eye Doctor on call.

Author: Ophthalmology Department

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