



Department of Nutrition and Dietetics
Lower Lane
Liverpool L9 7AL
Tel:0151-525-5980

Going Home with a Feeding Tube

Information about the feed

Patient Information Leaflet

Leaflet provided by:

Name.....

Grade/designation.....

Disclaimer for patients: If you have been provided with this leaflet by someone other than a Dietitian, please contact the dietetic department on 0151 529 3473

Feeding regime

Details of an individualised regime will be completed by the Dietitian below:

Feed Time	Feed/Flushes	Rate (mls/hr)/ Bolus

The nurses on the ward will provide you with a 1 week supply of feed and giving sets (if required) and 2 weeks supply of syringes.

How is my feed delivered?

There are two systems which exist for the delivery of your feed. The system you use is your choice:

1. Direct Delivery – “Abbot Hospital to Home” or “Nutricia Homeward”.

- Couriers will deliver all feed, giving sets (if needed) and syringes to your home on a monthly basis, free of charge. This will be arranged through your Dietitian and GP by registering you online with the feeding company in your area.
- The feeding company will contact you by telephone leading up to each delivery to arrange a suitable day/time and will send a reminder text message the day before to confirm the delivery. Both companies also have online portals or mobile phone Apps that allow you to manage your deliveries.
- Please be aware that delivery drivers are not insured to carry feed and equipment into your home, therefore, if lifting and carrying is difficult for you then it would be advisable to have another person with you at home to help receive the delivery.

Or

2. Collect Feed from the Chemist

- You can collect your feed from your chemist.
- Giving sets (if needed) and syringes will be delivered by the feeding company couriers.
- This can be arranged through your GP.
- You will need to check with your chemist whether they charge for deliveries or whether it is free – some chemists now charge a £5 delivery fee for all medications. You may be exempt from paying delivery fees due to your clinical condition or social circumstances – liaise with your pharmacy to find out about this.

How should I store my feed?

- Store your feed unopened at normal room temperature.
- Do not put your feed in direct sunlight or near heat e.g. next to a radiator.
- If storing in a garage/shed remember to move it if the temperature is freezing.
- Once opened, feeds can be used for up to 24 hours stored at room temperature. After this time throw the feed away.
- Always check the expiry date before using the feed.

Clean Handling of Feed

Following the points below can reduce the risk of spreading germs:

- Wash your hands before setting up a feed.

- Do not touch the inside of the feed container or add anything to the container
- When you leave hospital, you will be given syringes that can only be used once per day. The syringes that will be delivered will be reusable. You should wash them with hot water by removing the plunger and leaving them to air dry.

What should I do if...?

- You feel sick or bloated - contact your Dietitian.
- You get severe diarrhoea or vomiting - Contact your Dietitian to discuss as soon as possible. If the Dietitian is unavailable stop your feed and flush with plenty of cooled, boiled water for 24 hours only. If diarrhoea/vomiting continue contact your G.P.
- You feel thirsty, especially during hot weather - flush extra cooled, boiled water down your tube across the day. Contact your Dietitian if you are unsure how much extra water you need.

Contact Numbers:

- University Hospital Aintree Dietitian _____ (0151) 529 3473
- Community Dietitian: _____
- Abbott Hospital to Home Helpline: 0800 018 3799, online portal: www.myhospital2home.co.uk.
- Nutricia Homeward Advice line: 0800 093 3672, www.nutriciahomeward.co.uk.
- Aintree Nutrition Nurses (for help with tube problems): (0151) 525 5980 and ask for **bleep 5028**.



If you require a special edition of this leaflet

This leaflet is available in large print, Braille, on audio tape or disk and in other languages on request. Please contact:

Tel No: 0151 529 2906

Email: interpretationandtranslation@liverpoolft.nhs.uk