

Patient information

Hepato-Pancreato-Biliary Dietetic Service

Nutrition and Dietetics - Therapies

Please note that this is a virtual service and there is no requirement for you to travel to attend face-to-face appointments.

Information about the Dietetic Service

You are receiving this information leaflet as you are having some tests or investigations. As part of this service, you will receive support from a specialist dietitian. The dietitian will help you to eat well to maintain your strength during any investigations or treatment you may be having.

Eating enough is important to provide your body with the energy it will need during any treatments you may need, and your dietitian will work closely with you to help you to do this.

You will be referred to the dietitian service at Liverpool University Hospitals NHS Foundation Trust by a healthcare professional involved in your care. The dietitian service is based at the Royal Liverpool University Hospital. All dietitian reviews will be done using video calling on a computer/smartphone **or on the telephone** (whichever you prefer) so you **do not** have to travel to the hospital to see the dietitian.

What to expect in the next few days:

- The dietitian team will call you within two working days of receiving the referral from your local hospital and ask you some questions about any symptoms you are having, how much food you have been able to eat, and how much you weigh. This is called 'nutritional screening' and it allows us to understand how we can support you.
- If the nutritional screening suggests that you would benefit from dietitian support, then the specialist dietitian will call you within five working days to provide you with specialist advice.
- Your dietitian appointment will be done on a video call **or** on the telephone, whichever you prefer. Video calls are often preferable for both the dietitian and the service user (you). If you are happy to have a video call appointment with the dietitian you will be provided with a website link before your appointment, which you can access on a smartphone or on a computer. The website used for video calling is "Attend Anywhere" and uses your existing internet connection. If you would prefer a telephone appointment, we will call your telephone number.

- Following the specialist dietitian appointment the dietitian will send you any written information you need in the post or by email (whichever you prefer).

We will continue to offer you support for as long you like. You can opt out of this service at any time. If you opt out and then decide you would find some dietitian support helpful, you can also opt back in by contacting us on the details below.

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.



Further information

Email: hpbdietitians@liverpoolft.nhs.uk

Telephone: 0151 706 2120

Virtual service through Attend Anywhere or telephone

If you have any questions specifically about your investigations, then please contact your key contact at your local hospital, of where your investigations are taking place.

**Nutrition and Dietetics Department
Royal Liverpool Hospital
Tel: 0151 706 2120**

**British Liver Trust
Web: www.britishlivertrust.org.uk
Tel: 0800 652 7330**

**The British Dietetic Association
Web: www.bda.uk.com**

Pancreatic Cancer UK

Web: www.pancreaticcancer.org.uk

Tel: 0808 801 0707

Cheshire and Merseyside Cancer Alliance

Web: www.cmcanceralliance.nhs.uk

NHS Choices

Alcohol-related Liver Disease

Web: www.nhs.uk (search Alcohol-Related Liver Disease).

Author: Nutrition and Dietetics/Cheshire and Merseyside Cancer Alliance

Review date: November 2027

All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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در صورت تمایل می‌توانید کلیه اطلاعات تصویب شده توسط اتحادیه در رابطه با بیماران را به اشکال مختلف در دسترس داشته باشید، از جمله به زبانهای دیگر، به زبان ساده، چاپ درشت، صوت، خط مخصوص کوران، مون و بصورت روی خطی موجود است.

زانیاری پیوندیدار بهو نهخوشانهی له‌لایهن تراستهوه پسه‌سند کراون، نه‌گسر داوا بکرتیت له فورمات‌هکانی تردا بریتی له زمانه‌کانی تر، نیزی رید (هاسان خویندنه‌وه)، چاپی گهوره، شریتی دهنگ، هیلای موون و ئه‌لیکترۆنیکی هیه.

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Dhammaan warbixinta bukaanleyda ee Ururka ee la oggol yahay waxaa marka la codsado lagu heli karaa nuskhado kale, sida luqado kale, akhris fudud, far waaweyn, dhegeysi, farta braille ee dadka indhaha la', Moon iyo nidaam eletaroonig ah.