

Patient information

Home Treatment, Home Delivery and Prescriptions

Haematology Liverpool

What is home treatment?

Patients who require regular treatment can be taught to self-administer factor concentrate at home.

This has many advantages:

- Reduced time before a bleed is treated.
- Patient and family feel more in control.
- Increased independence.
- Participation in social activities is easier.
- Prompt treatment of bleeds reduces the time taken to recover.

If you do not currently self-treat and would like information about this, please speak to a member of the team who will be more than happy to discuss this with you.

On-demand and prophylaxis

Treatment for bleeding can be either on-demand treatment or treatment can be given prophylactically to prevent bleeding.

On-demand treatment is where factor concentrate is infused only when a bleed occurs. Again, this is very often carried out in the home setting to allow for early treatment of a bleeding episode.

The best treatment for a person with haemophilia is prophylactic therapy. This is where factor concentrate is infused on a regular basis to prevent bleeding from actually occurring. The aim of prophylactic therapy is to maintain the trough (lower) level of the factor in the blood at more than 3% at all times. This is a sufficient level of factor to prevent spontaneous bleeding, although we often aim for higher trough levels than this.

Prophylactic treatment is recognised as the best therapy for haemophilia, as it prevents the vast majority of joint and muscle damage and allows the person with haemophilia to have a normal quality of life.

How does home treatment and delivery work?

You can request a home delivery service where the treatment is delivered directly to your home in an unmarked vehicle to maintain your confidentiality. This can be time saving and more convenient than attending the hospital to collect treatment.

It is part of the contractual agreement that patients who have home delivery must keep a record of treatment, preferably via the online home record keeping system "Haemtrack" (see the Haemtrack Patient Information Leaflet).

If you are unable or unwilling to keep records of treatment use at home, we will not be able to provide treatment using a home delivery service.

Patients who are unable to access a computer must keep a paper record of treatment, which needs to be taken to your routine follow-up appointments.

Part of the home treatment agreement is that patients must attend their booked routine appointments, which are usually once every six months. You will need to sign an agreement to accept these conditions.

Please ask the team for more information about this service.

Collection of treatment from the Haemophilia Centre

If you would prefer to collect your treatment from the Haemophilia Centre, please call the haemophilia team with advance notice to allow us to get your treatment ready for you. Any ancillaries required such as sharps bin, syringes etc. should be collected from the Haemophilia Centre as well.

We request a minimum of 48 hours' notice for the request of any treatment for collection.

Home delivery providers

There are two main providers of home delivery services used by us. You will be allocated to one of them depending on the type of treatment you are prescribed.

Healthnet Homecare: healthnethomecare.co.uk

Telephone: 08000 833 060

Email: enquiries@healthnethomecare.co.uk

Sciensus: www.sciensus.com

Telephone: 0333 103 9499

Email: generalenquiries@sciensus.com

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further information

If you have any questions please contact the Haemophilia Team
available Monday to Friday 9am - 5pm
Tel: 0151 706 3397

Useful Websites

The Haemophilia Society:
<https://haemophilia.org.uk/>

World Federation of Haemophilia:
www.wfh.org

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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زانیاری پنیوهندیدار بهو نهخوشانهی له‌لایمن تراستهوه په‌سه‌ند کراون، نه‌گهر داوا بکرنیت له فورمات‌ه‌کانی تردا بریتی له زمانه‌کانی تر، نیزی رید (هاسان خویندنه‌وه)، چاپی گه‌وره، شریتی ده‌نگ، هیلی موون و ئه‌لیکترۆنیک‌ی هیه.

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