

## Patient information

### Instructions for Patients leaving Hospital within 24 hours of a General Anaesthetic or Intravenous Sedation

#### Theatres and Anaesthesia

The effects of the drugs used in the anaesthetic that you have been given can last for about two days.

#### **For at least the next 24 hours you should:**

- Be escorted home by a responsible adult.
- Rest at home and be looked after by a responsible adult for at least 24 hours.
- **Not** drive any vehicle including a bicycle.
- **Not** go outside your home without a responsible adult accompanying you.
- **Not** work any machinery including cookers and fires.
- **Not** make important decisions.
- **Not** sign any legal or important documents.
- **Not** drink alcohol.
- **Not** post anything on social media
- **Not** be in sole charge of young children or anyone else you may usually care for.
- **Not** smoke as it can cause you to feel light-headed and you could faint.
- Contact your family doctor (GP) urgently if you develop a cough or other problems with your breathing or chest.

#### **Feedback**

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

## Further Information

If you have any queries contact the Emergency Department (A & E).

Tel: 0151 706 2000

Text phone number: 18001 0151 706 2000

Or contact the department where you had your treatment:

**Broadgreen Hospital**

**Day Case Unit**

Tel: 0151 282 6743

Text phone number: 18001 0151 282 6743

**Broadgreen Hospital**

**Ward One**

Tel: 0151 282 6745

Text phone number: 18001 0151 282 6745

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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در صورت تمایل میتوانید کلیه اطلاعات تصویب شده توسط اتحادیه در رابطه با بیماران را به اشکال مختلف در دسترس داشته باشید، از جمله به زبانهای دیگر، به زبان ساده، چاپ درشت، صوت، خط مخصوص کوران، مون و بصورت روی خطی موجود است.

زانیاری پئوئندیدار بهی نهخوشانهی له لایمن تراستهوه پسمند کراون، نهگمر داوا بکریت له فۆرماتەکانی تردا بریتی له زمانەکانی تر، نیزى رید (هاسان خویندنهوه)، چاپی گموره، شریتی دهنگ، هێلی موون و نهلیکترونیکی هیه.

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