

Patient information

Tibial Brace

Therapies Speciality

Name:

Hospital:

Splint: **Tibial brace**

Purpose: **To support the fracture during the end stage of healing**

Advice to follow

Wear:

- ☐ You should wear your brace (with the heel cup, if provided) at all times when mobilising. Wear your sock, stockinette and shoe with your brace.
- ☐ You can remove your brace at night.
- ☐ If advised to wear your brace during a night's sleep, you can remove the heel cup.

Care:

- You should change your stockinette daily. When you remove it, please check your leg for any red or sore areas. If there are any problems, please contact your Occupational Therapist at the number below.
- Keep your brace away from direct heat, for example out of the sun or by radiators, as it will lose its shape.
- The brace can be washed using soap and lukewarm water. Dry with a towel. **Please do not use hot water.**

Precautions:

If you develop problems such as:

- Increased swelling.
- Increased pain.
- Pins and needles.

- Red marks from the splint rubbing.
- Loss of movement.
- Numbness.
- Skin irritation or rash.

You must contact your therapist as soon as possible for advice or to arrange an appointment.

Your Occupational Therapist is:

.....

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further information

Therapies Limb Reconstruction Service

Ward 3

Broadgreen Hospital

Tel: 0151 282 6928

Text phone number: 18001 0151 282 6928

Author: Therapies Speciality

Review date: May 2023

All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

يمكن توفير جميع المعلومات المتعلقة بالمرضى الموافق عليهم من قبل انتمان المستشفى عند الطلب بصيغ أخرى، بما في ذلك لغات أخرى وبطرق تسهل قراءتها وبالحروف الطباعية الكبيرة وبالصوت وبطريقة برايل للمكفوفين وبطريقة مون والإلكترونية.

所有經信托基金批准的患者資訊均可以其它格式提供，包括其它語言、易讀閱讀軟件、大字體、音頻、盲文、穆恩體（Moon）盲文和電子格式，敬請索取。

در صورت تمایل میتوانید کلیه اطلاعات تصویب شده توسط اتحادیه در رابطه با بیماران را به اشکال مختلف در دسترس داشته باشید، از جمله به زبانهای دیگر، به زبان ساده، چاپ درشت، صوت، خط مخصوص کوران، مون و بصورت روی خطی موجود است.

زانیاری پنیوندیدار بهو نه خوشانهی له لایین تراستهوه پمساند کراون، نگهرا داوا بکریت له فورماتیکانی تردا بریتی له زمانهکانی تر، نیز ی رید (هاسان خویندنهوه)، چاپی گهوره، شریتی دمنگ، هئلی موون و ئلیکترۆنیکی همیه.

所有经信托基金批准的患者信息均可以其它格式提供，包括其它语言、易读阅读软件、大字体、音频、盲文、穆恩体（Moon）盲文和电子格式，敬请索取。

Dhammaan warbixinta bukaanleyda ee Ururka ee la oggol yahay waxaa marka la codsado lagu heli karaa nuskhado kale, sida luqado kale, akhris fudud, far waaweyn, dhegeysi, farta braille ee dadka indhaha la', Moon iyo nidaam eletaroonig ah.