

Patient information

Bowel Scope Aftercare Information

Liverpool and Wirral Bowel Cancer Screening Centre

What to expect following your bowel scope screening test:

Following your bowel scope you will be able to get dressed and when you are ready to leave you will be told the results of your test. You will be given a discharge letter, a copy of the endoscopy report and will be discharged directly from the clinic area.

Please read the following information which will give you some general advice on aftercare and important symptoms to look out for.

- If you were given Entonox (pain relieving gas and air inhalation) during your procedure, you must wait 30 minutes before driving home.
- You may have diarrhoea for up to 24 hours until your bowel returns to its normal function.
- Following your bowel scope test you may feel some discomfort in your abdomen – similar to wind pains and/or feeling bloated. This is because air is blown into your bowel (colon) in order to allow the camera to pass up into your bowel and view the lining of the bowel wall. The discomfort you may feel should only be mild and not last long.
- If you have any biopsies taken or have any polyps removed it is not unusual to have some spotting of blood on the tissue or into the toilet after you first open your bowels following your bowel scope.
- If polyps have been removed you will have been given another information leaflet about this.

Eating and Drinking:

- We advise that following your procedure, you should eat and drink normally.
- We recommend that you should have a good healthy / high fibre diet.

Important Information

Serious post procedure symptoms

If you experience any of the following symptoms you must return to the nearest Emergency Department (A&E)and take this and any other information leaflet you are given with you so as to inform the staff what you have had done.

- Severe pain in your neck, chest or abdomen.
- Persistent or excessive bleeding, blood clots.
- Generally feeling unwell or high temperature.

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

**If you have any other questions contact: The Bowel Screening Centre Office
Monday to Friday**

Between 8.30am and 5pm

Tel: 0151 706 4980

Text phone number: 18001 0151 706 4980

Further information is available at:

www.cancerscreening.nhs.uk/bowel/index.html

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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