

## Patient information

### Outpatient Flexible Sigmoidoscopy Aftercare Information L Clinic

#### Gastroenterology and Hepatology

Following your flexible sigmoidoscopy you will be able to get dressed and when you are ready to leave you will then be told the results of your test and be given a discharge letter.

Following your flexible sigmoidoscopy test you may feel some discomfort in your abdomen – similar to wind pains and/or feeling bloated. This is because air is blown into your bowel (colon) in order to allow the camera to pass up and view the lining of the bowel wall. The discomfort you may feel should only be mild and not last long.

If you have any biopsies taken or have any polyps removed it is not unusual to have some spotting of blood on the tissue or into the toilet after you first open your bowels following your flexible sigmoidoscopy.

**If you experience any excessive bleeding, severe pain in your neck, chest or abdomen you must go to your nearest Emergency Department (A&E), taking this information leaflet with you.**

#### Feedback

Your feedback is important to us and helps us influence care in the future

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated

#### Further information

**If you have any questions or queries, please contact: The Gastroenterology Unit during the following hours**

<b>Monday – Thursday</b>	<b>0800 – 2100 hrs</b>
<b>Friday</b>	<b>0800 – 1700 hrs</b>
<b>Saturday/Sunday/BH</b>	<b>0800 – 1600 hrs</b>

**Tel: 0151 706 2819/2726**

**Text phone number: 18001 0151 706 2656/2720**

## Clinic appointment enquiries

Tel: 0151 706 5555

Text phone number: 18001 0151 706 5555

## The Emergency Department (A&E) is open 24 hours

Tel: 0151 706 2051/2050.

Text phone number: 18001 0151 706 2051/2050

Author: Gastroenterology and Hepatology

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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