

Patient information

Pain Relief

Emergency Care – Royal Liverpool Hospital

To aid your recovery you may benefit from taking pain-killers and/or anti-inflammatory medicines. A number of suitable products are readily available over-the-counter from your local pharmacy or supermarket and cost much less than the standard NHS prescription charge.

You should only take medication as advised by hospital staff, unless you seek further advice from a pharmacist when you buy your medicines.

- Ibuprofen.
- An anti-inflammatory painkiller useful for acute injury.
- Do not take if you are asthmatic or have a history of gastric (stomach) problems.
- Paracetamol.
- A standard painkiller. It can be used together with Ibuprofen if your doctor advises this.
- Paracetamol/codeine combined.
- There are a number of products, which contain a combination of paracetamol and codeine, which are stronger than paracetamol alone.
- If you buy one of these products, you must be careful not to take additional paracetamol, as this can be dangerous if taken in excess.

Please ensure you read the information supplied with your medicines.

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further Information

If you have any concerns please discuss them with staff before you leave the department, or with your local pharmacist.

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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