

Patient information

Pouchogram

Imaging Department

There is no need for any special preparation before this examination. You should eat and drink normally.

Any alternative treatments or procedures will have been discussed at your initial consultation with your referring practitioner.

What is a Pouchogram?

A pouchogram is an X-ray examination of your pouch using a colourless fluid known as an X-ray contrast agent, or dye. It is carried out by a Radiologist (a doctor who specialises in X-rays).

What are the benefits of having a Pouchogram?

This procedure will help us check the integrity of the pouch so that we will be able to make the correct diagnosis and enable us to give you the correct treatment.

The risks of having a pouchogram include:

We are all exposed to natural background radiation every day of our lives. Each X-ray examination gives us a small additional dose. This dose varies with each type of examination. Everything is done within the X-ray department to minimise this dose.

Female patients: X-rays may be harmful to an unborn child, especially in the earlier stages of pregnancy.

This **will not** apply if:

- You are taking the “Pill”.
- You have been sterilised or had a hysterectomy.
- You have been fitted with a coil (IUD).
- Your husband or partner has had a vasectomy.
- Your appointment date is within ten days of the start of your last menstrual period.

If you are worried about any of these risks, please speak to your Doctor or a member of their team.

What to bring with you

If you have a stoma please bring a spare bag with you. You may wish to bring with you a dressing gown, slippers and book. A member of your family or friend could also come with you.

The examination

- You will be taken to a changing room, and asked to undress and put on a gown. When it is your turn, you will be taken to the X-ray room and asked to lie on the X-ray table. The Radiologist will put a small tube into your back passage.
- If you have a stoma a soft fine tube maybe inserted into this.
- The liquid goes through this tube and into your bowel. You will be asked to move onto your side and back so we can take X-ray pictures from different positions.
- This examination takes about 30 minutes.

After the examination

- The tube will be removed and you will be taken to the toilet, to pass the liquid and change your stoma bag if needed.
- You may continue to eat and drink normally.

Results

The results of your X-ray examination will be sent to the doctor who requested the examination.

Cancellations

If you are unable to keep this appointment, please let us know as soon as possible and we will arrange another for you.

If you fail to cancel and do not attend you will be discharged back to the care of the referring clinician.

Transport

If your medical condition or mobility needs mean that you cannot get to your appointment any other way and you require transport you should ring the Patient Transport Services (PTS) who will arrange one for you.

Tel: 0151 706 4676

Text phone number: 18001 0151 706 4676

Car parking

Car parking for visitors and patients is available at the Q-Park multi-storey car park located across the road from the front entrance of the hospital. Vehicle entry to the car park is on Epworth Street which is off Erskine Street.

The car park is open 24 hours a day seven days a week and charges apply. The car park is continually monitored by CCTV and parking attendants.

There are disabled spaces located within the car park. If you require help with parking ask a parking host at the car park entrance.

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further Information

If you have any further questions, or require further information, please contact the Appointments Office:

Tel: 0151 706 2759

Text phone number: 18001 0151 706 2759

NHS 111 Service

Tel: 111

Author: Imaging Department

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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در صورت تمایل می‌توانید کلیه اطلاعات تصویب شده توسط اتحادیه در رابطه با بیماران را به اشکال مختلف در دسترس داشته باشید، از جمله به زبانهای دیگر، به زبان ساده، چاپ درشت، صوت، خط مخصوص کوران، مون و بصورت روی خطی موجود است.

زانیاری پیوندیدار به نه‌خوشانه‌ی له‌لایمن تراستوه پسمند کراون، ننگر داوا بکریت له فورماتیکانی تردا بریتی له زمانه‌کاتی تر، نیزی رید (هاسان خویندنه‌وه)، چاپی گموره، شریتی دنگ، هلی موون و نلیکترونیکی هابه.

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