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make a difference



The Royal Liverpool  
and Broadgreen  
University Hospitals  
NHS Trust

## Patient information

# Speech Therapy Swallow

### Imaging Department

#### What is a Speech Therapy Swallow?

- This examination is done in the X-ray department with a Speech Therapist, and a Radiologist (a doctor who specialises in X-rays).
- A Speech Therapy Swallow is an X-ray examination of the Pharynx (food pipe) using different drinks and foods of varying thicknesses mixed with barium.
- A video is taken whilst you swallow the different foods.
- There is no preparation for this examination. You can eat and drink what you would normally before and after the test.

#### What are the benefits of having a Speech Therapy Swallow?

This procedure will help the Speech Therapist make the correct diagnosis so they will be able to teach you safe swallowing methods, and give you the correct treatment.

#### The risks of having a Speech Therapy Swallow

- **Female patients:** X-rays may be harmful to an unborn child, especially in the early stages of pregnancy. If you are pregnant or there is any possibility of you being pregnant, please contact the X-ray department before your appointment.
- We are all exposed to natural background radiation every day of our lives. Each X-ray examination gives us a small additional dose. This dose varies with each type of examination.

**If you are worried about any of these risks, please speak to your Doctor or a member of their team.**

#### The Examination

- You will be taken to the X-ray room.
- If you are unable to stand for more than ten minutes you will be asked to sit in a special X-ray chair.
- The Speech Therapist will give you the different drinks and foods and a special video will be taken as you swallow.
- The examination usually takes between 10-20 minutes.

## **Results**

Your results are sent to the doctor who asked for this test to be carried out. This may be the hospital doctor or your family doctor (GP).

## **Cancellations**

If you are unable to keep this appointment, please let us know as soon as possible and we will arrange another for you.

If you fail to cancel and do not attend you will be discharged back to the care of the referring clinician.

## **Transport**

If your medical condition or mobility needs mean that you cannot get to your appointment any other way and you require transport you should ring the Patient Transport Services (PTS) who will arrange one for you.

Tel: 0151 706 4676

Text phone number: 18001 0151 706 4676

## **Car parking**

Car parking for visitors and patients is available at the Q-Park multi-storey car park located across the road from the front entrance of the hospital. Vehicle entry to the car park is on Epworth Street which is off Erskine Street. The car park is open 24 hours a day seven days a week and charges apply. The car park is continually monitored by CCTV and parking attendants.

There are disabled spaces located within the car park. If you require help with parking ask a parking host at the car park entrance. There is a bus shuttle service for patients with mobility problems which operates Monday to Friday 8.45am to 4.45pm from Q-Park to the Royal Liverpool University Hospital.

## **Feedback**

Your feedback is important to us and helps us influence care in the future

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

**Please bring this leaflet with you when you attend the X-ray department.**

## **Further Information**

**If you have any further questions, or require further information, please contact the Appointments Office**

**Tel: 0151 706 2759**

**Text phone number: 18001 0151 706 2759**

## **NHS 111 Service**

**Tel: 111**

All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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所有經信托基金批准的患者資訊均可以其它格式提供，包括其它語言、易讀閱讀軟件、大字

體、音頻、盲文、穆恩體 ( Moon ) 盲文和電子格式，敬請索取。

در صورت تمایل می‌توانید کلیه اطلاعات تصویب شده توسط اتحادیه در رابطه با بیماران را به اشکال مختلف در دسترس داشته باشید، از جمله به زبانهای دیگر، به زبان ساده، چاپ درشت، صوت، خط مخصوص کوران، مون و بصورت روی خطی موجود است.

زانیاری پیوندیدار بهو نمخوشانهی له‌لایمن تراستموه پسمند کراون، نگمر داوا بکرنیت له فورماتیکانی تردا بریتی له زمانیکانی تر، نیزی رید (هاسان خونندنموه)، چاپی گموره، شریتی دنگ، هئلی موون و نملیکترونیکی همیه.

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Dhammaan warbixinta bukaanleyda ee Ururka ee la oggol yahay waxaa marka la codsado lagu heli karaa nuskhado kale, sida luqado kale, akhris fudud, far waaweyn, dhegeysi, farta braille ee dadka indhaha la', Moon iyo nidaam eletaroonig ah.