

## Patient information

### Stool Sample Collection

#### Digestive Diseases Care Group

#### Why do I need this test(s)?

Your clinician has requested this stool test(s) to help identify either the cause of your symptoms or the activity of inflammation in your bowel.

Please complete this test as soon as possible after receiving the kit.

**Please read this letter carefully before collecting the specimen.**

#### You have been sent:

- a foil bowl
- a pair of vinyl gloves (latex-free)
- a plastic collection pot with a small spoon attached to the lid

#### Collecting your sample:

It is important that the bowel motion you take the sample from has not been in the toilet bowl, as this could affect the test result.

1. Check your details are correct on the specimen form and the label on the specimen pot i.e. name and date of birth.

**If incorrect do not proceed but contact the hospital on the number shown below immediately.**

**Tel: 0151 706 2725 Text phone number: 18001 0151 706 2725**

2. Wearing the vinyl gloves collect a bowel motion into the foil bowl.
3. Using the small spoon attached to the lid remove sections of the faeces from each end and the middle and carefully transfer them into the container. The sample should be the size of a small walnut (2cm).

**It is important that sufficient stool sample is provided otherwise the test may not be able to be completed.**

4. Screw the lid on securely.
5. Flush the remaining faeces down the toilet as usual.

6. Dispose of the foil bowl and gloves in a plastic bag tied tightly.
7. Wash and dry your hands thoroughly.
8. Write the date and time you collected your specimen on the label on the specimen pot and place it into the clear specimen bag on the request form provided and seal it.
- 9. Please bring your specimen to the blood room at the Royal Liverpool Hospital or Broadgreen Hospital as soon as possible after collection.**

You will be informed of the results by your clinician.

### **Feedback**

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

### **Further information**

**If you have any questions please telephone: 0151 706 2725**  
**Text phone Number: 18001 0151 706 2725**

**Author: Digestive Diseases Care Group**  
**Review date: November 2024**

All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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