

Patient information

Suspected Deep Vein Thrombosis

Royal Liverpool - Acute Medicine (Ward 1D)

This leaflet is for patients who have been referred to the Royal Liverpool Acute Assessment Unit (AAU) for a suspected Deep Vein Thrombosis (DVT), which is a blood clot in the arm or leg.

Our service, also known as Same Day Emergency Care, is designed to provide quick investigations and treatment in an outpatient setting, helping you avoid an unnecessary hospital stay. Our goal is to arrange an ultrasound scan of the affected leg or arm within the next 24-48 hours. It is crucial to have this scan as soon as possible to confirm or rule out a blood clot.

Arranging Your Ultrasound Scan

- You will need to call the ultrasound department yourself to book the scan.
- The department will provide you with the date, time, and location for your appointment.
- **During working hours (Monday to Friday, 8:45 AM - 5:00 PM)**, Call the USS department directly at **0151 706 2750**.
- **If you are discharged overnight or over the weekend:** Call the USS department at **9:00 AM on the next working day**.
Please note: On rare occasions, a weekend appointment may be available. If this is the case, a clinician from AAU will contact you directly.

Your Medication

You have been given an anticoagulant, or **blood thinner**, medication. This is a standard treatment for a suspected blood clot and will help prevent it from getting worse while you wait for your scan.

- You have been given a seven day supply. This is to ensure you have enough medication in case your scan is delayed.
- You should continue this medication until you have your scan, and you are told to stop.
- The medication may be a tablet or an injection. You should receive additional information about your specific medicine. If you have not, please ask.
- Please bring any remaining medication with you when you return for your scan and review.

Important health information

Blood Thinners and Bleeding Risk

This medication can increase your risk of bleeding. It is important to watch for any excessive bleeding, such as:

- Heavy or prolonged menstrual bleeding.
- Unexplained bruising.
- Blood in your urine or vomit.
- Blood when wiping or stools that are black and tarry.
- Cuts that take longer than usual to stop bleeding.

If you have any concerns about bleeding, please go to the nearest Emergency Department or call 999 immediately.

While you are waiting for your scan

It is important to monitor your symptoms. **If you develop chest pain, shortness of breath, or feel generally unwell, seek urgent medical attention or call 999 immediately.** If you have any other concerns while waiting, you can contact the SDEC team on the numbers provided in this leaflet.

On the Day of Your Scan

First, attend your ultrasound scan appointment at the time given to you by the department. After your scan, **please return to the Acute Assessment Unit (AAU)** for a review by the clinical team.

- Scan results may take up to **three hours**.
- If you want to go to the canteen or cafe while you wait, please let a member of the team know.

Getting to Ward 1D (AAU/SDEC)

The Acute Assessment Unit (AAU), also known as Same Day Emergency Care (SDEC), is located on Ward 1D at the Royal Liverpool Hospital.

Here are two ways to get there:

1. Via Mount Vernon Street Entrance
 - Enter the hospital on the lower ground floor near WH Smiths.
 - Take the lifts opposite St Paul's Outpatient Clinic up to the 1st floor.
 - The AAU waiting area is located there.

2. Via the Emergency Department Entrance

- Enter the hospital on the ground floor near the main reception.
- Follow the signs for Outpatients 1.
- Take the lift located outside Outpatients 1 up to the 1st floor.

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further information

Royal Liverpool Ultrasound Department: 0151 706 2750

Text phone number: 18001 0151 706 2750

Secretaries (Acute and Emergency Department): 0151 706 3098

Text phone number: 18001 0151 706 3098

Acute Assessment Unit Reception: 0151 706 2719 or 0151 706 3512

**Text phone number: 18001 0151 706 2719
18001 0151 706 3512**

Transport:

Unfortunately, we are unable to arrange transport for your visit to AAU. If required, you or a family member will need to arrange this with the patient transport team. Please note, appointments for scans may be cancelled if you are late or are unable to attend.

- **Patient transport team: For patients living in Cumbria, Lancashire or Merseyside: Freephone (Landlines only) 0800 032 3240**

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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در صورت تمایل میتوانید کلیه اطلاعات تصویب شده توسط اتحادیه در رابطه با بیماران را به اشکال مختلف در دسترس داشته باشید، از جمله به زبانهای دیگر، به زبان ساده، چاپ درشت، صوت، خط مخصوص کوران، مون و بصورت روی خطی موجود است.

زانیاری پیوه‌ندیدار بهو نه‌خوشانه‌ی له‌لایمن تراسته‌وه په‌سه‌ند کراون، نه‌گه‌ر داوا بکریت له فورماته‌کانی تردا بریتی له زمانه‌کانی تر، نیزی رید (هاسان خویندنه‌وه)، چاپی گه‌وره، شریتی ده‌نگ، هیلی موون و نه‌لیکترۆنیکی هه‌یه.

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