

Patient information

Travelling With a Bleeding Disorder in the UK and Abroad

Haematology Liverpool

If you are thinking of going away it is really important to plan your trip carefully, even if you are travelling in the UK. You will need to consider the following important things.

What do I need to consider when travelling in the UK?

It is essential that, even if you are only travelling in the UK, you take treatment with you. Make sure you have enough to cover any bleeding problems that might need extra treatment on top of your usual prophylaxis (if you are having regular treatment).

Make sure you take your Bleeding Alert Card with you; in case you need to be in contact with a healthcare provider whilst you are away.

If you need help, contact the Haemophilia Centre as normal. We will then be able to coordinate with the hospital where you are visiting.

What if I need to find a Haemophilia Centre near where I am staying in the UK?

The United Kingdom Haemophilia Centres Doctors' Organisation (UKHCDO) website provides an A-Z list of all the haemophilia centres in the UK.
www.ukhcdo.org/haemophiliacentresa-c/

It is worth noting there is a difference between the Haemophilia Centres (HCC) and the Comprehensive Care Centres (CCC). The HCC's do not provide you with the same level of care as a CCC.

What if I am travelling in Europe or worldwide?

If you are planning to go abroad, we can help you find where the nearest haemophilia centre is before you go. You can also contact the Comprehensive Care Centre at the Royal Liverpool University Hospital if you have any problems while you are away.

When travelling in Europe you can find your nearest haemophilia centre using the following website: www.euhanet.org/centrelocator

When travelling worldwide use the World Federation of Haemophilia directory, available through their website: www.wfh.org/en/resources-education/treatment-centre-directory

What things do I need to think about before travelling?

If you use a travel agent, you should make sure you tell them of your bleeding disorder when you book your holiday.

Make sure that your travel insurance covers your pre-existing medical condition. Make sure you have enough supplies of treatment and any other medical supplies you may need.

Ask the Haemophilia Centre for a letter to show to:

- overseas medical personnel, telling them about your condition.
- airlines, to make sure you can carry your factor and kit with you as hand luggage.
- customs, to explain why you are carrying supplies such as factor, needles, and syringes. In some countries, failure to do this could not just result in loss of your factor; but it could land you in prison.

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further information

If you have any further questions, please ask a member of our medical / nursing team. Please contact the Haemophilia Team

Available Monday - Friday

9am - 5pm

Tel: 0151 706 3397

Useful Websites

The Haemophilia Society

<https://haemophilia.org.uk/>

World Federation of Haemophilia

www.wfh.org

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

يمكن توفير جميع المعلومات المتعلقة بالمرضى الموافق عليهم من قبل انتمان المستشفى عند الطلب بصيغ أخرى، بما في ذلك لغات أخرى وبطرق تسهل قراءتها وبالحروف الطباعية الكبيرة وبالصوت وبطريقة برايل للمكفوفين وبطريقة مون والإلكترونياً.

所有經信托基金批准的患者資訊均可以其它格式提供，包括其它語言、易讀閱讀軟件、大字體、音頻、盲文、穆恩體 (Moon) 盲文和電子格式，敬請索取。

در صورت تمایل می‌توانید کلیه اطلاعات تصویب شده توسط اتحادیه در رابطه با بیماران را به اشکال مختلف در دسترس داشته باشید، از جمله به زبانهای دیگر، به زبان ساده، چاپ درشت، صوت، خط مخصوص کوران، مون و بصورت روی خطی موجود است.

زانیاری پپوهنډیدار بهو نه‌خوشانه‌ی له‌لایمن تراسته‌وه په‌سهند کراون، نه‌گهر داوا بکړیت له فورماته‌کانی تردا بریتی له زمانه‌کانی تر، نیزی رید (هاسان خویندنه‌وه)، چاپی گه‌وره، شریتی دمنگ، هیلای موون و نه‌لیکترونیکی همیه.

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Dhammaan warbixinta bukaanleyda ee Ururka ee la oggol yahay waxaa marka la codsado lagu heli karaa nuskhado kale, sida luqado kale, akhris fudud, far waaweyn, dhegeysi, farta braille ee dadka indhaha la', Moon iyo nidaam eletaroonig ah.