

*Better
Together*

Patient information

Patients with Type 2 Diabetes (Diet and Tablet Controlled) Attending For Day Surgery

Surgical Division Royal Liverpool Hospital and Broadgreen
Hospital– Pre-operative Assessment

This leaflet has been designed to give you guidance about the management of your diabetes before your surgery.

The day before your operation

During the day you may eat and drink as usual and take all of your normal diabetes medication.

The day of your operation

Your admission letter will have told you whether you are on a morning or afternoon theatre list.

If you are on the morning list

- **Do not** eat anything from midnight, but ensure that you have a snack before bedtime.
- You may have clear non-fizzy drinks up until 6am and then nothing further after that.
- **Do not** have your morning diabetes medication
- Bring a sugary drink with you on the way to the hospital. If you feel dizzy or think that you are having a “Hypo” or if your blood sugar was less than 4 mmols – drink half a cup of this and **tell the ward staff you have done so as soon as you arrive at the hospital.**

If you are on the afternoon list

- You may have a light early breakfast before 7am.
- You may drink clear non-fizzy drinks up until 11am and then nothing further.
- Take your morning diabetes medication as normal, but **do not** take your lunchtime diabetes medication.

- Measure your blood sugar (if you can do this) and let the ward staff know what this is when you arrive on the ward.

General instructions

- Bring all of your medication into hospital with you.
- On the day case unit, the medical and nursing staff will manage your diabetes and your normal diabetic regime will be started before you are discharged.

Further information

Pre-op Assessment Clinic

Tel: 0151 600 1901

Text phone number: 18001 0151 600 1901

The North West Diabetes UK

First floor

The Boultings

Winwick Street

Warrington

WA2 7TT.

Tel: 01925 653 281

Fax: 01925 653 288

E-mail: nwest@diabetes.org.uk

Diabetes UK

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London

NW1 7AA

020 7323 1531

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

يمكن توفير جميع المعلومات المتعلقة بالمرضى الموافق عليهم من قبل انتظام المستشفى عند الطلب بصيغ أخرى، بما في ذلك لغات أخرى وبطرق تسهل قراءتها وبالحروف الطباعة الكبيرة وبالصوت وبطريقة برايل للمكفوفين وبطريقة مون والكرونيلا.

所有經信托基金批准的患者資訊均可以其它格式提供，包括其它語言、易讀閱讀軟件、大字

體、音頻、盲文、穆恩體 (Moon) 盲文和電子格式，敬請索取。

در صورت تمایل می‌توانید کلیه اطلاعات تصویب شده توسط اتحادیه در رابطه با بیماران را به اشکال مختلف در دسترس داشته باشید، از جمله به زبانهای دیگر، به زبان ساده، چاپ درشت، صوت، خط مخصوص کوران، مون و بصورت روی خطی موجود است.

زانیاری پیوندیدار بهو نمخوشانهی له‌لایمن تراستهوه پامسند کراون، نگمر داوا بکریت له فورماتکاتی تردا بریتی له زمانهکاتی تر، نیز ی رید (هاسان خوینندنهوه)، چایی گهوره، شریتی دهنگ، هیلای موون و نمیکترونیکی هیه.

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