

## Patient information

### Urethrogram – Appointment Details

#### Imaging Department

#### **Before Your Examination**

There is no need for any special preparation before this examination. You should eat and drink normally.

Your hospital doctor or family doctor (GP) has advised that you need a Urethrogram. You may wish to discuss alternative treatments or procedures. Please ask a doctor or nurse if alternative treatments or procedures are available.

#### **What is a Urethrogram?**

A Urethrogram is an X-ray examination of the tube from your bladder to the outside that carries your urine. A colourless fluid known as an X-ray contrast agent or dye is used. It is carried out by a Radiologist (a doctor who specialises in X-rays) or a Specialist Radiographer.

#### **What are the benefits of having a Urethrogram?**

This procedure will help us make the correct diagnosis so we will be able to give you the correct treatment.

#### **The risks of having an Urethrogram include:**

- We are all exposed to natural background radiation every day of our lives. Each X-ray examination gives us a small additional dose. This dose varies with each type of examination. Everything is done within the X-ray department to minimise this dose.
- A very small risk of infection but this is very unlikely as the procedure is done under sterile conditions.

**If you are worried about any of these risks, please speak to your Doctor or a member of their team.**

#### **The Examination**

- You will be taken to a changing room and asked to put on a gown. When it is your turn, you will be taken into the X-ray room and asked to lie on the X-ray table.
- Some local anaesthetic gel will be put on the end of a small tube. A nurse or radiologist

- will put this small tube into your urethra. The liquid will go through this tube and X-ray
- pictures are taken by the radiologist as they watch on the T.V. monitor

During the examination every care is taken to ensure your privacy, with only the necessary staff staying in the room. The tube is then removed.

### **After the examination**

Following the examination, it is not unusual to find a few spots of blood in your urine, but this should stop after 24 hours. If these symptoms persist you should contact your GP.

### **Results**

Your results are sent to the doctor who asked for this test to be carried out. This may be the hospital doctor or your GP.

### **Cancellations**

If you are unable to keep this appointment, please let us know as soon as possible and we will arrange another for you.

If you fail to cancel and do not attend you will not be sent another appointment.

### **Transport**

If your medical condition or mobility needs mean that you cannot get to your appointment any other way and you require transport you should ring the Patient Transport Services (PTS) who will arrange one for you.

**Tel: 0151 706 4676**

### **Car parking**

Car parking for visitors and patients is available at the Q-Park multi-storey car park located on Prescot Street, L6 1LY.

For those with walking difficulties, there is a shuttle bus service operating between Q-Park and The Royal Liverpool University Hospital. The bus operates Monday to Friday, 6am-8pm. If you find you are waiting a while for the bus, the driver's number is displayed on the Q-Park exit.

Parking for Blue Badge holders is free at the Mount Vernon Street entrance. However, parking is limited, and you are advised to allow sufficient time for parking as you may need to redirect to the nearby Q-Park.

**Please bring this leaflet with you when you attend the X-ray department.**

### **Feedback**

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

## Further information

If you have any further questions, or require further information, please contact the Radiology Appointments Office:

Tel: 0151 706 2759

Author: Fluoroscopy Department, Imaging

Review date: September 2028

All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

يمكن توفير جميع المعلومات المتعلقة بالمرضى الموافق عليهم من قبل انتمان المستشفى عند الطلب بصيغ أخرى، بما في ذلك لغات أخرى وبطرق تسهل قراءتها وبالحروف الطباعية الكبيرة وبالصوت وبطريقة برايل للمكفوفين وبطريقة مون والإلكترونية.

所有經信托基金批准的患者資訊均可以其它格式提供，包括其它語言、易讀閱讀軟件、大字

體、音頻、盲文、穆恩體 ( Moon ) 盲文和電子格式，敬請索取。

در صورت تمایل می‌توانید کلیه اطلاعات تصویب شده توسط اتحادیه در رابطه با بیماران را به اشکال مختلف در دسترس داشته باشید، از جمله به زبانهای دیگر، به زبان ساده، چاپ درشت، صوت، خط مخصوص کوران، مون و بصورت روی خطی موجود است.

زانیاری پیومندیدار بهو نه‌خوشانه‌ی له‌لایمن تراسته‌وه په‌سه‌ند کراون، نه‌گمر داوا بکریټ له فورماته‌کانی تردا بریتی له زمانه‌کانی تر، نیزی رید (هاسان خویندنه‌وه)، چاپی گموره، شریټی دهنګ، هیلای موون و ئه‌لیکټرونیکی هه‌یه.

所有经信托基金批准的患者信息均可以其它格式提供，包括其它语言、易读阅读软件、大字体、音频、盲文、穆恩体 (Moon) 盲文和电子格式，敬请索取。

Dhammaan warbixinta bukaanleyda ee Ururka ee la oggol yahay waxaa marka la codsado lagu heli karaa nuskhado kale, sida luqado kale, akhris fudud, far waaweyn, dhegeysi, farta braille ee dadka indhaha la', Moon iyo nidaam eletaroonig ah.