

Patient information

Urgent General Surgery Theatre List

Surgical Assessment Unit (SAU) - Aintree Hospital

What is the Urgent General Surgery Theatre List (UGSL)?

The UGSL is a dedicated theatre list for general surgery patients who are deemed well enough by their doctor to leave hospital but do require a surgical procedure.

A provisional date for surgery may be given prior to discharge however, it is expected that you will be notified via telephone a few days before your operation.

This aim of this list is to avoid a lengthy hospital admission ensuring your operation or procedure happens within a timely manner.

Please note, due to the urgent nature of the list in the event of emergency cases surgery can be postponed at short notice.

Before discharge from hospital

- You will be expected to have had the procedure explained in full and signed a consent form for surgery.
- Hospital swabs taken.
- Any relevant investigations which may include blood tests and heart tracing.
- If deemed necessary a pre-operative assessment or anaesthetic review.
- Information leaflet relating to your specific procedure.

What you should do regarding medication

Most medication should be taken on the day of the surgery. It is fine to have a small amount of water i.e. 30mls to enable you to swallow, some medications need stopping or the doses changed before your operation. These are:

Drug name	What to do

On the day of your operation

- You should arrange for a responsible adult to accompany you and stay with you 24 hours post procedure.
- Remember to bring a contact number for your escort.
- Bring all your regular medications, inhalers and injections with you and a copy of your prescription from your GP.
- Remove all make-up, nail varnish and false nails.
- Leave all jewellery and body piercings at home.
- In some cases you may require an overnight stay – please bring a small overnight bag.

Please present to the Surgical Forward Wait in A theatre (SFW A) this is located on the main corridor on the first floor.

If you are on the morning list please arrive at 07:30am

For patients on the afternoon list, please arrive at 11:30 am

Fasting

Do not eat anything for six hours before you arrive, you can drink clear fluids (water based, but NO milk) up to two hours before.

After your operation

Wherever possible we aim to send patients home on the day of their operation. This has been shown to improve recovery after surgery.

You must not use public transport or drive yourself home.

It is important to rest for a few days after your operation especially if nausea and dizziness occurs.

You will be given aftercare instructions by the medical team prior to discharge.

You will be given pain relief to go home.

Please inform the nursing staff if you require a sick note.

You will be instructed on any specific follow up you may require.

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further information

Should you have any concerns before and after your surgery please contact -

SAU (stating you are a UGSL patient):

Mon – Fri: 9am till 5pm. 0151 529 2293 or alternatively the surgical advice line 0797 644 8578.

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