

## Patient information

# **Your Child has had a General Anaesthetic for a Surgical Procedure**

## St Paul's Eye Department

### **What to do when your child goes home**

- Most children appear quite alert and active when they are discharged from hospital. However, your child may complain of feeling dizzy or tired. This is to be expected, you should encourage your child to rest.
- Sometimes children are less steady than usual. This lack of co-ordination can last for about 24 hours; therefore you should ensure that a responsible adult supervises your child's activities.
- Your child should not ride a bike or undertake outdoor activities for 24 hours.
- Your child may complain of a sore throat, hoarseness or muscle aches following an anaesthetic or pain at the site of the operation. If so you can give your child Calpol/Disprol or paracetamol.

### **Do not exceed the dosage recommended for your child's age.**

- Your child may eat or drink normally but it is best to avoid hard-to-digest foods such as chips, burgers etc. until the following day.

## **What to do if problems happen**

- If your child vomits on the way home or at home do not be worried. Give them nothing to eat or drink for one hour then start giving drinks (water or juice), a small amount at first, then increase the amount gradually. If vomiting continues please contact our Emergency Department (A&E) for advice.
- If you are worried about anything, please contact Theatre Admissions Unit for advice between 8.00 am and 4.00 pm Monday to Friday, on our direct line Tel: 0151 706 2492. Text phone number: 18001 0151 706 2492
- If you have any problems at any other times, including weekends please phone the Emergency Department (A&E) at Alder Hey  
Tel: 0151 252 5254 where the staff will be pleased to help you.  
Text phone number: 18001 0151 252 5254

## **Feedback**

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

## **Further information**

**Theatre Admissions Unit Tel: 0151 706 2492 or 2733 for reception**

**Text phone number: 18001 0151 706 2733**

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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