

Patient information

Your First Visit to the Orthodontist

Liverpool University Dental Hospital

If you are about to have your first visit to the orthodontist, you may have some questions you would like answered first.

Why have I been referred to the Dental Hospital?

You have been referred to the Dental Hospital for a specialist opinion by a Consultant Orthodontist and his/her team about the position of your teeth and your need for orthodontic treatment.

What is orthodontic treatment?

Orthodontic treatment is concerned with the growth of the teeth and jaws. It usually involves wearing a brace that may be removable, for cleaning or fixed to your teeth. It may also involve the extraction of teeth and/or jaw surgery.

Why might I need orthodontic treatment?

There are three main reasons why you might need orthodontic treatment:

- to improve function i.e. to make it easier for you to eat
- to improve the health of your teeth and gums
- to improve the appearance of your teeth and/or face.

What will happen at my first visit?

You will be seen by a member of the orthodontic team, who will examine your teeth and face so that he/she can diagnose your problem. You may also have some photographs, X-ray pictures and/or moulds of your teeth and/or jaws taken. The orthodontist will then discuss with you whether you need treatment or not, what it may involve and where it would be provided.

You will not have any teeth taken out, have a filling or an injection when you come for your first visit.

Who will provide the orthodontic treatment?

- Most orthodontic treatment is provided by specialist orthodontists who work in specialist practices outside the Dental Hospital.
- Only patients with the most severe problems (or who require complex treatment involving a number of different dental specialists) will be accepted for orthodontic treatment in the Dental Hospital. Most of this treatment is carried out by dentists who are training to be specialist orthodontists or consultants. All treatment is carried out under consultant supervision.
- A small number of patients, who require less complex orthodontic treatment, will be taken on for orthodontic treatment at the Dental Hospital for the teaching and training of orthodontists. The number of these cases is very restricted.
- Patients who have very mild problems will not be accepted for NHS treatment in the Dental Hospital or Specialist Practice.
- Patients who have poor oral hygiene due to inadequate tooth brushing, and those who have teeth which need fillings, will not be accepted for treatment until these problems have been treated.

Have you any further questions?

If you feel you would like to ask further questions, please write them down and bring them with you to your appointment. Orthodontic treatment takes about two years to complete. Patients need to be seen regularly during this time and follow instructions carefully. It is, therefore, important that you fully understand what is involved in having orthodontic treatment before you decide whether to go ahead or not.

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further information

Orthodontic Department

Tel: 0151 706 5253/5254

Text phone number: 18001 0151 706 5253/5254

Author: Liverpool University Dental Hospital

Review date: March 2024

All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

يمكن توفير جميع المعلومات المتعلقة بالمرضى الموافق عليهم من قبل ائتمان المستشفى عند الطلب بصيغ أخرى، بما في ذلك لغات أخرى وبطرق تسهل قراءتها وبالحروف الطباعية الكبيرة وبالصوت وبطريقة برايل للمكفوفين وبطريقة مون والإلكترونيا.

所有經信托基金批准的患者資訊均可以其它格式提供，包括其它語言、易讀閱讀軟件、大字體、音頻、盲文、穆恩體 (Moon) 盲文和電子格式，敬請索取。

در صورت تمایل می‌توانید کلیه اطلاعات تصویب شده توسط ائتلاف در رابطه با بیماران را به اشکال مختلف در دسترس داشته باشید، از جمله به زبانهای دیگر، به زبان ساده، چاپ درشت، صوت، خط مخصوص گوران، مون و بصورت روی خطی موجود است.

زانیاری پیوندیدار یو نه‌خوشانه‌ی له‌لایم تراستهوه پمساند کراون، نگمر داوا بکرنیت له فورماتکائی تردا بریتی له زمانه‌کائی تر، نیزی رید (هاسان خویندنه‌وه)، چاپی گمره، شریتی دهنگ، هیلای موون و نطیکترونیکی همیه.

所有经信托基金批准的患者信息均可以其它格式提供，包括其它语言、易读阅读软件、大字体、音频、盲文、穆恩体 (Moon) 盲文和电子格式，敬请索取。

Dhammaan warbixinta bukaanleyda ee Ururka ee la oggol yahay waxaa marka la codsado lagu heli karaa nuskhado kale, sida luqado kale, akhris fudud, far waaweyn, dhegeysi, farta braille ee dadka indhaha la', Moon iyo nidaam eletaroonig ah.