

Patient information

Betamethasone Soluble Tablets Used as Mouthwash

Liverpool University Dental Hospital

Betamethasone 500 microgram soluble tablets used as a mouthwash.

What are the aims of this leaflet?

This leaflet has been written to help you understand more about Betamethasone Soluble tablets and how they are used as a **mouthwash**.

What are betamethasone soluble tablets and what are they used for?

Betamethasone Soluble tablets belong to a group of medicines called corticosteroids. ('steroids'). Steroids work by reducing inflammation, swelling and irritation in your mouth.

Betamethasone soluble tablets used as a mouthwash may help reduce inflammation and pain in your mouth, and speed up the healing process.

What mouth conditions are treated with betamethasone soluble tablets?

Betamethasone soluble tablets can be used for the treatment of mouth conditions that cause soreness such as mouth ulcers and oral lichen planus. They are commonly prescribed by many of the Oral Medicine departments in the UK/Ireland.

How do I use betamethasone soluble tablets?

1. Dissolve one tablet in 10-20mls of water (two to four teaspoons) to make up a mouthwash.
2. Swirl the mouthwash around your mouth for five minutes before spitting out. **Do not swallow the contents.**

How often and at what time of the day should I use betamethasone soluble tablets?

1. Use up to a maximum of four times per day, ideally after mealtimes and after you have brushed your teeth last thing at night.
2. Do not eat or drink for at least 30 minutes after use.

What are the potential risks and side effects of using betamethasone soluble tablets as a mouthwash?

When used correctly this medicine rarely causes side effects. However, as with all medicines, some patients experience side effects. Burning or stinging is quite common in the first few days of treatment. This usually clears up.

Some people occasionally develop thrush in their mouth and find that their mouth becomes sore. If this happens, a course of antifungal treatment will clear the thrush.

For further information about the potential risks and side effects, please read the information leaflet supplied by the manufacturer within the box. Alternatively, please contact the Oral Medicine Department. The department is open Monday to Friday 9.00 am to 5.00 pm.

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further information

Oral Medicine Department

The department is open Monday to Friday

9.00 am to 5.00 pm.

Tel: 0151 706 5060

Text phone number: 18001 0151 706 5060

Author: Department of Oral Medicine

Review date: March 2027

All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

يمكن توفير جميع المعلومات المتعلقة بالمرضى الموافق عليهم من قبل انتمان المستشفى عند الطلب بصيغ أخرى، بما في ذلك لغات أخرى وبطرق تسهل قراءتها وبالحروف الطباعية الكبيرة وبالصوت وبطريقة برايل للمكفوفين وبطريقة مون والإلكترونية.

所有經信托基金批准的患者資訊均可以其它格式提供，包括其它語言、易讀閱讀軟件、大字

體、音頻、盲文、穆恩體 (Moon) 盲文和電子格式，敬請索取。

در صورت تمایل میتوانید کلیه اطلاعات تصویب شده توسط اتحادیه در رابطه با بیماران را به اشکال مختلف در دسترس داشته باشید، از جمله به زبانهای دیگر، به زبان ساده، چاپ درشت، صوت، خط مخصوص کوران، مون و بصورت روی خطی موجود است.

زانیاری پئوه‌ندیدار بهو نه‌خوشانه‌ی له‌لایمن تراسته‌وه پسه‌ند کراون، نه‌گسر داوا بکریت له فورماته‌کانی تردا بریتی له زمانه‌کانی تر، نیزی رید (هاسان خویندنه‌وه)، چاپی گموره، شریتی دهنگ، هیلی موون و ئلیکترۆنیک‌ی همیه.

所有经信托基金批准的患者信息均可以其它格式提供，包括其它语言、易读阅读软件、大字体、音频、盲文、穆恩体 (Moon) 盲文和电子格式，敬请索取。

Dhammaan warbixinta bukaanleyda ee Ururka ee la oggol yahay waxaa marka la codsado lagu heli karaa nuskhado kale, sida luqado kale, akhris fudud, far waaweyn, dhegeysi, farta braille ee dadka indhaha la', Moon iyo nidaam eletaroonig ah.