

Patient information

Contraception Advice Following the Administration of Sugammadex

Department of Anaesthesia

Why have I been given this leaflet?

In order for your procedure to be carried out safely, you received a commonly used drug to relax your muscles as part of your anaesthetic today. These drugs need to be reversed before you wake up.

You have received a 'reversal' drug called Sugammadex today. Sugammadex has a unique interaction with the hormone progesterone. This does not occur with other anaesthetic drugs.

The drug Sugammadex may reduce the effectiveness of hormonal contraceptives and may temporarily increase the risk of pregnancy.

What Should I Do?

If you are taking an oral contraceptive:

- The progesterone only contraceptive 'mini-pill'.
- The combined oral contraceptive pill.

If you have taken your pill today and have been given Sugammadex, it is the equivalent to one missed pill.

Please follow the missed pill advice in the package leaflet of the oral contraceptive.

If you are taking any other hormonal contraceptive:

- Contraceptive implant.
- Hormonal intra-uterine system (IUS) (Mirena coil, Jaydess, Levost).
- The contraceptive injection (Depo-provera, Sayana Press or Noristerat).
- The contraceptive patch (EVRA).
- Vaginal ring.

You must use a barrier method of contraception such as male/female condom, female diaphragm or female cervical cap for the next seven days and refer to the advice in the package leaflet of the contraceptive product.

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further information

Aintree Hospital

Anaesthetic Department Secretaries

Tel: 0151 529 6215

Text phone number:18001 0151 529 6215

References

BNF (2022) *Sugammadex* [interactions]. London: BMJ Group &Pharmaceutical Press. Available from: <https://bnf.nice.org.uk/interactions/sugammadex/>

Product information for sugammadex. Available from: https://www.ema.europa.eu/en/documents/product-information/bridion-epar-product-information_en.pdf

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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