

## Patient information

### Cystogram - Appointment Details

#### Imaging Department

#### Before Your Examination

There is no need for any special preparation before this examination. You should eat and drink normally.

Your hospital doctor or family doctor (GP) has advised that you need a cystogram.

Any alternative treatments or procedures will have been discussed at your initial consultation with your referring practitioner.

#### What is a cystogram?

A cystogram is an X-ray examination of your bladder using a colourless fluid known as an X-ray contrast agent, or dye. It is carried out by a Radiologist (a doctor who specialises in X-rays).

#### What are the benefits of having a cystogram?

This procedure will help us make the correct diagnosis so we will be able to give you the correct treatment.

#### The risks of having a cystogram include:

- **Female patients.** X-rays may be harmful to an unborn child, especially in the early stages of pregnancy. **If you are pregnant or there is any possibility of you being pregnant, please contact the X-ray department before your appointment.**
- We are all exposed to natural background radiation every day of our lives. Each X-ray examination gives us a small additional dose. This dose varies with each type of examination.
- A very small risk of infection but this is very unlikely as the procedure is done under sterile conditions.

**If you are worried about any of these risks, please speak to your Doctor or a member of their team.**

#### The examination

- You will be taken to a changing room, and asked to put on a gown. When it is your turn you will be taken into the X-ray room and asked to lie on the X-ray table.

- A nurse or radiologist will put a small tube into your bladder. The liquid will go through this tube and fill up your bladder. Your bladder will be filled until you feel as though you need to pass water. The tube is then removed. The radiologist will watch on the T.V. monitor as you move into various positions.
- During the examination every care is taken to ensure your privacy, with only the necessary staff staying in the room.

### **After the examination**

Following the examination it is not unusual to find a few spots of blood in your urine, but this should stop after 24 hours. If these symptoms persist you should contact your GP.

### **Results**

Your results are sent to the doctor who asked for this test to be carried out. This may be the hospital doctor or your GP.

### **Cancellations**

If you are unable to keep this appointment, please let us know as soon as possible and we will arrange another for you.

If you fail to cancel and do not attend you will be discharged back to the care of the referring clinician.

### **Transport**

If your medical condition or mobility needs mean that you cannot get to your appointment any other way and you require transport you should ring the Patient Transport Services (PTS) who will arrange one for you.

**Tel: 0151 706 4676**

**Text phone number: 18001 0151 706 4676**

### **Car parking**

Car parking for visitors and patients is available at the Q-Park multi-storey car park located across the road from the front entrance of the hospital. Vehicle entry to the car park is on Epworth Street which is off Erskine Street. The car park is open 24 hours a day seven days a week and charges apply. The car park is continually monitored by CCTV and parking attendants.

There are disabled spaces located within the car park. If you require help with parking ask a parking host at the car park entrance. There is a bus shuttle service for patients with mobility problems which operates Monday to Friday 8.45am to 4.45pm from Q-Park to the Royal Liverpool University Hospital.

**Please bring this leaflet with you when you attend the X-ray department.**

### **Feedback**

Your feedback is important to us and helps us influence care in the future

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others.

Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

## Further Information

If you have any further questions, or require further information, please contact the Appointments Office

Tel: 0151 706 2759

Text phone number: 18001 0151 706 2759

NHS 111 Service

Tel: 111

Author: Imaging Department

Review Date: May 2021

All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

يمكن توفير جميع المعلومات المتعلقة بالمرضى الموافق عليهم من قبل ائتمان المستشفى عند الطلب بصيغ أخرى، بما في ذلك لغات أخرى وبطرق تسهل قراءتها وبالحروف الطباعية الكبيرة وبالصوت وبطريقة برايل للمكفوفين وبطريقة مون والكرونيك.

所有經信托基金批准的患者資訊均可以其它格式提供，包括其它語言、易讀閱讀軟件、大字

體、音頻、盲文、穆恩體 ( Moon ) 盲文和電子格式，敬請索取。

در صورت تمایل می‌توانید کلیه اطلاعات تصویب شده توسط اتحادیه در رابطه با بیماران را به اشکال مختلف در دسترس داشته باشید، از جمله به زبانهای دیگر، به زبان ساده، چاپ درشت، صوت، خط مخصوص کوران، مون و بصورت روی خطی موجود است.

زانیاری پیوندیدار به نه‌خوشانه‌ی له‌لایمن تراست‌هه پام‌سند کراون، نه‌گمر داوا بکرنیت له فورمات‌هکائی تردا بریتی له زمانه‌کائی تر، نیزی رید (هاسان خویندنه‌ه)، چاپی گموره، شریتی دنگ، هیلی موون و نه‌لیکترونیکی هابه.

所有经信托基金批准的患者信息均可以其它格式提供，包括其它语言、易读阅读软件、大字  
体、音频、盲文、穆恩体 (Moon) 盲文和电子格式，敬请索取。

Dhammaan warbixinta bukaanleyda ee Ururka ee la oggol yahay waxaa marka la codsado lagu heli karaa nuskhado kale, sida luqado kale, akhris fudud, far waaweyn, dhegeysi, farta braille ee dadka indhaha la', Moon iyo nidaam eletaroonig ah.