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The Royal Liverpool  
and Broadgreen  
University Hospitals  
NHS Trust

## Patient information

# Laryngeal Papillomatosis

Therapies Speciality

### What is papilloma?

- Wart-like growths found in the larynx (voice box).
- Papilloma is the name for a single growth and papillomatosis is the name for more than one papilloma. Finding just one papilloma is possible but usually multiple papillomas are found in one area.

### What are the symptoms of papilloma?

- Changes to voice quality, such as hoarse voice.
- Occasionally complete voice loss.

### How will diagnosis of papilloma be confirmed?

- A member of the Ear, Nose and Throat (ENT) team will look at your vocal cords and decide what is causing your voice problem.
- A Speech and Language Therapist may also assist in the diagnosis.

### What causes papilloma?

- A virus infection (Human Papilloma Virus – HPV).

### What treatment is available for papilloma?

- Surgery under general anaesthetic – this is likely to be required more than once, as papilloma are highly likely to recur. However, this is often not needed for significant periods of time – years, even decades in some cases.
- You may be offered a Speech and Language Therapy appointment to work on optimising voice quality. Speech and Language Therapy alone will not resolve voice problems without surgery to remove the papilloma/s.

### What can I do to help my symptoms?

- It is very important that you follow the advice and exercises given by the ENT team or your Speech and Language Therapist if you want to help your symptoms improve.

## **Feedback**

Your feedback is important to us and helps us influence care in the future

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated

## **Further information**

**If you have any queries or require any further information please do not hesitate to contact us**

**Speech and Language Therapy - Voice Therapy**

**Tel: 0151 706 2760**

**Text phone number: 18001 0151 706 2760**

**Broadgreen Hospital**

**Thomas Drive, Liverpool**

**L14 3LB**

**British Voice Association:**

**<http://www.britishvoiceassociation.org.uk/>**

**Voice Care Network:**

**<http://www.voicecare.org.uk/>**

**Author: Therapies Speciality**

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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