

## Patient information

### Liver Biopsy Aftercare

#### Gastroenterology and Hepatology

You have had a liver biopsy performed today. This is a routine procedure, which is done as a day case. Rarely problems occur, and monitoring your blood pressure pulse and wound site, will give the nursing staff any sign of any problems. Bleeding can sometimes happen, as can a leak of bile from the liver or gallbladder.

Very rarely these complications may cause you to need surgery.

The biopsy site may feel uncomfortable for a day or two after the biopsy.

You may wish to take painkillers for this in normal doses of up to two paracetamol tablets every six hours. You will need a responsible person to stay with you for 24 hours after the procedure to watch for any of the unusual symptoms listed below.

We advise you to not undertake any heavy lifting or strenuous exercise for at least 48 hours. This is to allow your liver to heal. Please make sure that the dressing over your biopsy site remains in place for 24 hours, to prevent any infection. After the 24 hours you can bathe as normal, and change your dressing with the spare dressing provided.

#### **If you experience any of the symptoms below:**

1. Feeling faint or dizzy, especially on standing.
2. Severe pain around the site of the biopsy or elsewhere in the chest or abdomen.
3. Any unusual symptoms.

Or if you have any queries or problems regarding your biopsy:

**The nurse can be contacted on 9B day Unit Monday to Friday 9am to 5pm**

**Nurse Tel: 0151 706 3850**

**Text phone number: 18001 0151 706 3850**

**The Hepatology Specialist Nurses can also be contacted on 0151 706 2805/2453 Monday to Friday 9am to 5pm**

**Or outside of these hours please call the hospital switchboard and ask to speak to the Gastroenterology doctor on call.**

**Tel: 0151 706 2000**

**Text phone number: 18001 0151 706 2000**

**Alternatively, you may come directly to The Emergency Department (A&E Department) at the Royal Liverpool Hospital where you will be seen immediately.**

**Please bring this letter with you.**

**Discharging Nurse.....**

**Date.....**

**To: Accident and Emergency Department**

**This patient is experiencing symptoms after a liver biopsy. Please contact urgently through the hospital switchboard the Gastroenterology Specialist Registrar on-call for the Royal Liverpool and Broadgreen University Hospitals.**

### **Feedback**

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

### **Further Information**

**Senior Administrator Tel: 0151 706 2725**  
**Text phone number: 18001 0151 706 2725**

**Specialist Nurse Tel: 0151 706 3850**  
**Text phone number: 18001 0151 706 3850**

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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در صورت تمایل میتوانید کلیه اطلاعات تصویب شده توسط اتحادیه در رابطه با بیماران را به اشکال مختلف در دسترس داشته باشید، از جمله به زبانهای دیگر، به زبان ساده، چاپ درشت، صوت، خط مخصوص کوران، مون و بصورت روی خطی موجود است.

زانیاری پیوندیدار بهو نهخوشانهی لهلایمن تراستهوه پسمند کراون، نهگمر داوا بکرنیت له فورماتیکانی تردا بریتی له زمانهکائی تر، نیزی رید (هاسان خویندنهوه)، چاپی گموره، شریتی دمنگ، هیللی موون و نملیکترونیکی هیه.

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Dhammaan warbixinta bukaanleyda ee Ururka ee la oggol yahay waxaa marka la codsado lagu heli karaa nuskhado kale, sida luqado kale, akhris fudud, far waaweyn, dhegeysi, farta braille ee dadka indhaha la', Moon iyo nidaam eletaroonig ah.