

## Patient information

### Water Soluble Contrast Enema - Appointment Details

#### Imaging Department

#### Before Your Examination

There is no need for any special preparation before this examination. You should eat and drink normally.

Your hospital doctor or family doctor (GP) has advised that you need a water soluble contrast enema. You may wish to discuss alternative treatments or procedures. Please ask a doctor or nurse if alternative treatments or procedures are available.

#### What is a water soluble contrast enema?

A water soluble contrast enema is an X-ray examination of the large bowel using a colourless fluid known as an X-ray contrast agent, or dye. It is carried out by a Radiologist (a doctor who specialises in X-rays).

#### What are the benefits of having a water soluble contrast enema?

This procedure will help us make the correct diagnosis so we will be able to give you the correct treatment.

#### The risks of having a water soluble contrast enema include:

We are all exposed to natural background radiation every day of our lives. Each X-ray examination gives us a small additional dose. This dose varies with each type of examination. Everything is done within the X-ray department to minimise this dose.

**Female patients:** X-rays may be harmful to an unborn child, especially in the earlier stages of pregnancy.

#### This will not apply if :

- You are taking the "Pill"
- You have been sterilised or had a hysterectomy
- You have been fitted with a coil (IUD)
- Your husband or partner has had a vasectomy
- Your appointment date is within ten days of the start of your last menstrual period.

**If you are worried about any of these risks, please speak to your Doctor or a member of their team.**

## **What to bring with you**

You may wish to bring with you a dressing gown, slippers and book. A member of your family or friend could also come with you. If you have a stoma please bring a spare bag with you.

## **The examination**

- You will be taken to a changing room, and asked to undress and put on a gown. When it is your turn, you will be taken to the X-ray room and asked to lie on the X-ray table. The Radiologist will put a small tube into your back passage.
- If you have a colostomy a soft fine tube maybe inserted into the stoma.
- The liquid goes through this tube and into your bowel. You will be asked to move onto your side and stomach so we can take X-ray pictures from different positions.
- This examination takes about 30 minutes.

## **After the examination**

- The tube will be removed and you will be taken to the toilet, to pass the liquid and change your stoma bag if needed.
- You may continue to eat and drink normally.

## **Results**

Your results will be sent to the doctor who asked for this test to be carried out. This may be the hospital doctor or your GP.

## **Cancellations**

If you are unable to keep this appointment, please let us know as soon as possible and we will arrange another for you.

**If you fail to cancel and do not attend you will not be sent another appointment.**

## **Transport**

If you have been referred to us from clinic and usually have an ambulance to bring you for your appointment, please contact the Appointments Office as soon as possible.

If you have been referred to us by your GP and require an ambulance please contact your GP surgery.

## **Car parking**

Car parking for visitors and patients is available at the Q-Park multi-storey car park located across the road from the front entrance of the hospital. Vehicle entry to the car park is on Epworth Street which is off Erskine Street. The car park is open 24 hours a day seven days a week and charges apply. The car park is continually monitored by CCTV and parking attendants.

There are disabled spaces within the car park. If you require help with parking ask a parking host at the car park entrance. There is a bus shuttle service for patients with mobility problems which operates Monday to Friday 8.45am to 4.45pm from Q-Park to the Royal Liverpool University Hospital.

Please bring this leaflet with you when you attend the X-ray department.

## **Feedback**

Your feedback is important to us and helps us influence care in the future

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

## **Further Information**

**If you have any further questions, or require further information, please contact the Appointments Office:**

**Tel: 0151 706 2759**

**Text phone number: 18001 0151 706 2759**

**NHS 111 Service**

**Tel: 111**

**Author: Imaging Department**

**Review Date: May 2021**

All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

يمكن توفير جميع المعلومات المتعلقة بالمرضى الموافق عليهم من قبل ائتمان المستشفى عند الطلب بصيغ أخرى، بما في ذلك لغات أخرى وبطرق تسهل قراءتها وبالحروف الطباعية الكبيرة وبالصوت وبطريقة برايل للمكفوفين وبطريقة مون والكترونياً.

所有經信托基金批准的患者資訊均可以其它格式提供，包括其它語言、易讀閱讀軟件、大字體、音頻、盲文、穆恩體 ( Moon ) 盲文和電子格式，敬請索取。

در صورت تمایل میتوانید کلیه اطلاعات تصویب شده توسط اتحادیه در رابطه با بیماران را به اشکال مختلف در دسترس داشته باشید، از جمله به زبانهای دیگر، به زبان ساده، چاپ درشت، صوت، خط مخصوص کوران، مون و بصورت روی خطی موجود است.

زانیاری پیوندیدار بهو نهخوشانهی له لایمن تراستهوه پامهند کراون، نهگمر داوا بکرنیت له فورماتیکانی تردا بریتی له زمانهکائی تر، نیزی رید (هاسان خویندنهوه)، چاپی گموره، شریتی دمنگ، هیللی موون و نملیکترونیکی همیه.

所有经信托基金批准的患者信息均可以其它格式提供，包括其它语言、易读阅读软件、大字体、音頻、盲文、穆恩体 ( Moon ) 盲文和电子格式，敬請索取。

Dhammaan warbixinta bukaanleyda ee Ururka ee la oggol yahay waxaa marka la codsado lagu heli karaa nuskhado kale, sida luqado kale, akhris fudud, far waaweyn, dhegeysi, farta braille ee dadka indhaha la', Moon iyo nidaam eletaroonig ah.