

Patient information

Occupational Therapy Equipment

Occupational Therapy - Therapies Department

During your treatment sessions we discussed equipment which can promote joint protection, reducing the force you apply through your joints. This equipment should improve your safety and independence when completing everyday tasks. Please find overleaf a ticked checklist of equipment that has been demonstrated to you.

All equipment is available from specialist catalogues such as those listed below.

Your occupational therapist will advise you if social services can provide any of the equipment that you require.

Complete care

www.completecareshop.co.uk

Tel: 03330 160 000

NRS Healthcare

www.nrshealthcare.co.uk

Tel: 0345 121 8111

OT Stores Ltd

www.otstores.co.uk

Tel: 0845 260 7061

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If you require any further advice or information, please contact the occupational therapist who has completed your treatment.

You were seen by:

Demonstrated Equipment List

Kitchen Equipment	Demonstrated
One touch can opener	
Electric freestanding tin opener	
One touch jar opener	
Ring pull can opener-can pull	
Kitchen magik multi-purpose jar opener (Avon)	
Twister jar opener	
Jarkey	
Homecraft bottle and knob turner (Orange)	
Dycem jar/bottle opener – cone shaped (small)	
Contour turner	
Easi grip scissors	
Plug mates 'wrap around plug'	
Non slip mat	
Reflex preparation knife	
Cooking basket	
Wide grip potato peeler	
One cup hot water dispenser (alternative to kettle)	
Tap turners	
Personal Care Equipment	
Ultralite cutlery – grey/grooved handle	
Good grips cutlery – black handle, cone shaped	
Caring Cutlery	
Insulated mug	
Helping hand	
Sock aid -soxon	
Long handled shoe horn	
Long handled sponge	
Folding bottom wiper	
Long handled hairbrush/comb	
Button hook	
Zip hook	
Miscellaneous Items	
Book rest	
Plastazote tubing	
Dosette pill box	
Pill popper	
Long handled dustpan and brush	
Key Turner	
Hold on carrier bag handles	
Pen grip	
Lite touch pen	
Ring pen	

Equipment to be provided	

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further information

Occupational Therapy Service

Royal and Broadgreen Hospitals

Tel: 0151 706 2760

Text phone number: 18001 0151 706 2760

Aintree Hospital

Tel: 0151 529 8047

Text phone number: 18001 0151 529 8047

Arthritis Care www.arthritiscare.org.uk

Arthritis Research Council

www.arc.org.uk

National Rheumatoid Arthritis Society (NRAS) www.nras.org.uk

NHS choices

<http://www.nhs.uk/search?collection=nhs-meta&query=relaxation techniques>

Talk Liverpool

www.talkliverpool.nhs.uk

(Smart phone apps)

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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زانیاری پتوهندیدار بهو نهخوشانهی له‌لایمن تراستهوه په‌سهند کراون، نه‌گمر داوا بکریت له فۆرماته‌کانی تردا بریتی له زمانه‌کانی تر، نیزی رید (هاسان خویندنه‌وه)، چاپی گهوره، شریتی دهنگ، هیلی موون و ئه‌لیکترۆنیکی هه‌یه.

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